From the Director's Desk

 ${\it a}$ t the outset, I would like to extend my best wishes to all our readers for an exciting 2025!

The newsletter you are about to read will showcase some of the significant events that have taken place at our school. It will also provide an insight into the competitions we've participated in. Additionally, you'll find a collection of fascinating articles, artwork, crafts, poems, and more, created by our talented students. The artful compilation of this newsletter has been made possible through the dedicated efforts of Ms. KS Lakshmi, members of the Jeevana Faculty and the students. My heartfelt congratulations to everyone involved!

 ${\cal A}$ s you all know, staying ahead requires being dynamic! We are always seeking new programs that foster critical thinking and creativity in our students. Additionally, we aim to raise their awareness of social issues and the challenges facing our environment. Instilling good values in our children is also a priority. With this in mind, we have introduced three new programs this year! I hope parents are aware of these initiatives and are receiving feedback from their children.



PREPMYSKILLS is a unique program designed to help every child develop essential life skills, including curiosity, character, confidence, sensitivity, empathy, social skills, and future-ready abilities. The program focuses on holistic development, encompassing social, emotional, physical, mental, and intellectual well-being. Its goal is to empower children by offering experiences beyond traditional academics, fostering personality growth through life skills and values. This program also guides learners through a structured process of understanding, analysing, applying and internalizing key concepts and skills, preparing them for a successful and fulfilling future.

STEMROBO is an interdisciplinary educational approach that integrates Robotics and AI (Artificial Intelligence) with Science, Technology, Engineering, Art, and Mathematics (STEAM).

\$\mathcal{J}\$ his method focuses on fostering critical thinking, problem-solving, and hands-on learning, allowing students to apply STEM concepts to real-world challenges. Through STEMROBO, students learn to design, build, programs, operate robots & automated systems using various tools such as sensors, motors, and microcontrollers. The program prepares young learners for the technological future by offering engaging activities that align with the UNSDGs and NEP 2020, supported by a blend of software platforms and DIY hardware kits.

Open Door Thinking Assessments Program: Open Door offers topic-based assessments designed to help students build a deep, lasting understanding of Science and Math. Aimed at students in Grades IV and V, the Thinking Assessments program focuses on mastering key concepts through four assessment cycles each year. After the Learning Assessment, any misconceptions are identified and addressed with targeted remedial measures before the Re-Learning Assessment. This ensures students not only understand but also retain and apply the concepts effectively. The assessments feature thought-provoking, unfamiliar questions that encourage critical thinking and exploration from different perspectives. This program tailors the assessments to align with school's textbooks and learning objectives, making the program both relevant and effective. Open Door also supports teachers with regular workshops focused on concept appreciation, question design and critical thinking. This holistic approach fosters a culture of curiosity and continuous improvement for both students and teachers.

we, at Jeevana, are dedicated to continuous improvement and I invite parents to share their valuable suggestions with us. We will implement changes wherever possible, always keeping the best interests of education in mind.

Happy Reading!

Dr. Ramesh Sundaram Director

Chronicles 2024 -2025

DATE	CLASSES	EVENT
10th - 14th June, 2024	All Classes	Environment Week
21st June, 2024	Classes 9 - 12	Investiture Ceremony
21st June, 2024	Classes 4 - 8	Yoga Day
28th June, 2024	Classes 7-9	English Day
3rd July, 2024	Classes 3-8	Cancer Awareness Camp: Social Worker, Mr Sajeev Verma, - Caring Souls Foundation at Lucknow addressed the students of Classes 3, 4 and 5 on "Dietary Habits" and Classes 6,7 & 8 on "Cancer Awareness"
8th July, 2024	Classes 7-12 (Girls) & Class 7 (boys)	Menstrual Health and Hygiene Session (Online)
8th July, 2024	XI (Science Group)	Dr. Neela Gowri's Address
10th July, 2024	All Students of XI	Ms Kavya Mitchi's Address
17th July, 2024	All Classes	Kamarajar Day
22th July, 2024 to 13 th August, 2024	Classes Pre KG to Class 11	ZENITH – INTRA SCHOOL events by Class 12 Students
5 th – 8 th August, 2024	Classes 5A, B, C	International Programme where Japanese students visited our school
5 th – 8 th August, 2024	All Classes	Scholastic Book Fair
7 th August, 2024	Selected Students	Meeting the Author Ms Anuja Chauhan at American College (Ms. Alamelu Priya)
9 th August, 2024	Ms. Jayanti, Ms. Alice, Ms. Hema S Kumar	Cambridge Workshop (Coimbatore)
9 th August,2025	Class 4	Mulaippari
23 rd August,2024	Pre KG	Grandparents day
30 th August, 2024	Classes 9 -12	Sports Day
5 th September,2024	Class 10	Teachers Day Presentation
4 th October,2024	CLASSES 1 TO 2	Annual Day
21st - 23rd October,2024	CLASSES 1 TO 8	PLANETARIUM SHOW
14th November	Classes 6-8	No bag day
16th November	Class 9	Science Exhibition
27th November -	Classes 7&8	Dr Sabrin - Boys- Special session and Dr Divya - Girls Special session
29th November,2024	Classes 5 & 6	ANNUAL DAY
2 nd to 5 th	Class 3	UnavuThiruvizha

December,2025		
11th December,2024	Classes 7&8	Chess Tournament
11th December,2024	KG	KG ANNUAL Day
19th December,2024	Classes 5 & 6	Chess Tournament
20th December,2024	Classes 3 & 4	Annual Day
18 th January, 2025	Classes 6 - 8	No Bag day
26 th January, 2025	Classes 5 - 8	Sports Day
8 th January, 2025	Classes 6 - 8	No Bag day
26 th January, 2025	Classes 5 - 8	Sports Day
17 th – 20 th February, 2025	Class 5	English Day
24 th – 28 th February, 2025	Class 3 &4	English Day
21 st March, 2025	Classes 1 &2	English Day
10 th April, 2025	Class 11	Farewell

Kudos to the Newsletter committee from grade 11 for having done an excellent job showing initiative, independence and teamwork . Special thanks to Sachin Sundar of 11 C for helping us with a few aspects of the layout and design.



CISCE REGIONALS & NATIONALS SPORTS AND GAMES RESULTS 2024-2025

GAME	NAME	STD	AGE	REGIONAL	POSTION	NATIONAL	POSTION
ARCHERY	SREE SHIV ADITHYA A P	IX	U-17	SHRI VIJAYALAKSMI INTERNATIONAL SCHOOL, KARUR.	FOURTH	THE HERITAGE SCHOOL, KOLKATA, WEST BENGAL. (04.09.24 TO 06.09.24)	NIL
ARCHERY	JAICHARUVIDHULA A P	VII	U-14	SHRI VIJAYALAKSMI INTERNATIONAL SCHOOL, KARUR.	SILVER	THE HERITAGE SCHOOL, KOLKATA, WEST BENGAL. (04.09.24 TO 06.09.24)	NIL
CHESS	JAIAKASH MM	VII	U-14	SHIKSHA CREENWOOD SCHOOL, VELLORE.	GOLD	SRI GURU HARKRISHAN PUBLIC SCHOOL, BASANT AVENUE, AMRITSAR, PUNJOB. (04.12.24 TO 06.12.24)	SEVENTH
SWIMMING 50m &100m BREASTSTROKE AND 50m FREE STYLE	MOHAMED IQPAL	VII	U-14	DISHA A LIFE SCHOOL, POLLACHI.	BRONZE	ANANDHA VIDYANIKETANA, BENGALURU.	NIL

ATHLETICS	KISHORE J	IX C	U-14	THE GROVE	GOLD	GB STADIUM ,	(80m
100m DASH &				SCHOOL,	1275.257.5507.1443.344.35.450	St. JOSEPH'S	HURDLES)
80m HURDLES				CHENNAI.		SCHOOL,	
				(31 ST JULY, 01 &		HYDERABAD,	BRONZE
				02 AUGUST)		(25.09.24 TO	000000000000000000000000000000000000000
						27.09.24)	
BADMINTON	JOANNA H DAVID	XII	U-19	DISHA A LIFE	SILVER	NIL	NIL
(SINGLES)			10000	SCHOOL,	aga ta aliganda da ali, endga ense al l	1,224,074,075	
, ,				POLLACHI. (06 &			
				07. 07.24)			
BADMINTON	SHAHANA SREE G	X	U-19	DISHA A LIFE	FIFTH	NIL	NIL
(SINGLES)				SCHOOL,			
				POLLACHI. (06 &			
				07. 07.24)			
BADMINTON	DEVAKI S K	XII	U-19	DISHA A LIFE	FOURTH	NIL	NIL
(SINGLES)				SCHOOL,			
36 11598				POLLACHI. (06 &			
				07. 07.24)			
	YAZHINI S K	IX		DISHA A LIFE	SILVER	NIL	NIL
BADMINTON	HANSHIKA P	IX	U-17	SCHOOL,			
(DOUBLES)			0-17	POLLACHI. (06 &			
				07. 07.24)			
	SHAHANA SREE G	X		DISHA A LIFE	BRONZE	NIL	NIL
BADMINTON	DEVAKI S K	XII	U-19	SCHOOL,			
(DOUBLES)			0-17	POLLACHI. (06 &			
				07. 07.24)			
TABLE TENNIS	SAI SARVESH S M	VIIE	U-14	THE LITTLE	SINGLES -	ST. TERASA'S	BRONZE
				KIGDOM	BRONZE,	DAY SCHOOL,	
THE STATE OF THE S	SHORESSE AND REAL PROPERTY OF THE PROPERTY OF			SCHOOL, THENI.	TEAM - GOLD	LUCKNOW	S10.55
TABLE TENNIS	NIMAL SRINIVAS S	VIIB	U-14	THE LITTLE	SINGLES –	ST. TERASA'S	BRONZE
				KIGDOM	FOURTH,	DAY SCHOOL,	
				SCHOOL, THENI.	TEAM - GOLD	LUCKNOW	

TABLE TENNIS	TEJASWIN S	VII B	U-14	THE LITTLE KIGDOM SCHOOL, THENI.	TEAM - GOLD	ST. TERASA'S DAY SCHOOL, LUCKNOW	NIL
TABLE TENNIS	ATHEETHAN B S	VIII A	U-14	THE LITTLE KIGDOM SCHOOL, THENI.	TEAM - GOLD	ST. TERASA'S DAY SCHOOL, LUCKNOW	NIL
TABLE TENNIS	SHAHITHYAN S	VIII B	U-14	THE LITTLE KIGDOM SCHOOL, THENI.	TEAM - GOLD	ST. TERASA'S DAY SCHOOL, LUCKNOW	NIL
TABLE TENNIS	MITHUN AADHARSH S M	IX E	U-17	THE LITTLE KIGDOM SCHOOL, THENI.	SINGLES - FOURTH TEAM - GOLD	ST. TERASA'S DAY SCHOOL, LUCKNOW	NIL
TABLE TENNIS	JHOGHHINDHRA R	XIC	U-17	THE LITTLE KIGDOM SCHOOL, THENI.	SINGLES- BRONZE TEAM - GOLD	ST. TERASA'S DAY SCHOOL, LUCKNOW	NIL
TABLE TENNIS	ASHWIN S	XI A	U-19	THE LITTLE KIGDOM SCHOOL, THENI.	SINGLES - GOLD TEAM - GOLD	ST. TERASA'S DAY SCHOOL, LUCKNOW	NIL
TABLE TENNIS	MAXWELL V J	XID	U-19	THE LITTLE KIGDOM SCHOOL, THENI.	SINGLES- BRONZE TEAM - GOLD	ST. TERASA'S DAY SCHOOL, LUCKNOW	NIL

TABLE TENNIS	VISHNU PRIYAN	XI D	U-19	THE LITTLE KIGDOM SCHOOL, THENI.	SINGLES- FIFTH TEAM - GOLD	ST. TERASA'S DAY SCHOOL, LUCKNOW	NIL
TABLE TENNIS	NANDIKA N	VIII B	U-14	THE LITTLE KIGDOM SCHOOL, THENI.	SINGLES- BRONZE TEAM	JULIENDAY SCHOOL, KALYANI	GOLD
TABLE TENNIS	VINIYA V	VII B	U-14	THE LITTLE KIGDOM SCHOOL, THENI.	SINGLES- FOURTH TEAM	JULIENDAY SCHOOL, KALYANI	GOLD
TABLE TENNIS	VARSHA J	XI D	U-17	THE LITTLE KIGDOM SCHOOL, THENI.	SINGLES- SILVER TEAM	JULIENDAY SCHOOL, KALYANI	BRONZE
TABLE TENNIS	ABHIPSHA S	ΧA	U-17	THE LITTLE KIGDOM SCHOOL, THENI.	SINGLES- BRONZE TEAM	JULIENDAY SCHOOL, KALYANI	BRONZE
TABLE TENNIS	DESHNA RAJALAKSHMI N	ХС	U-17	THE LITTLE KIGDOM SCHOOL, THENI.	SINGLES- FOURTH TEAM:	JULIENDAY SCHOOL, KALYANI	BRONZE
TABLE TENNIS	VAIJAYANTHI V	XII A	U-19	THE LITTLE KIGDOM SCHOOL, THENI.	SINGLES- GOLD TEAM: RUNNER UP	JULIENDAY SCHOOL, KALYANI	NIL
TABLE TENNIS	SHRIDHANYA M	IX A	U-19	THE LITTLE KIGDOM SCHOOL, THENI.	SINGLES- FIFTH TEAM- RUNNER UP	JULIENDAY SCHOOL, KALYANI	NIL

SGFI (SCHOOL GAMES FEDARATION OF INDIA) COMPETITION RESULTS.

S.NO	NAME	STD	AGE	GAME	VENUE	POSITION
1	MAYA ASHWATH	IX C	U-14	TABLE TENNIS\	BHAVNAGAR, GUJARAT.	NIL
				(04.01.25 TO 07.01.25)		
2	JAIAKASH MM	VII A	U-14	CHESS	ORGANISED BY – DIRECTOR OF SPORTS	FOURTH
				(21.01.25 TO 23.01.25)	& YOUTH SERVICES, MAHARASHTRA.	
					SHRI DISTRICT SPORTS COMPLEX, NEAR S.G.G.S STADIUM, NANDED, MAHARASHTRA.	

A Dream Run!

In a world dominated by screens and fast-paced chatter, the ASISC Literary Awards stand as a haven for storytellers and dreamers alike. Last November, I had the privilege of representing my school at the national level of this prestigious competition. Little did I know, this journey would push me to confront my insecurities, test my resilience, and leave me with unforgettable memories.

J was nervous and out of my depth in the Seniors category for 11th and 12th graders. The first level, Zonals, was held at VMJ School on 10th August, 2024. I wrote an original story under the prompt "I turned the key, heard the lock click, and the door swung open. I won first place and became Madurai's selected participant for the next level! The second level, Regionals, was held at Sishya OMR School, Chennai, on 31st August, 2024. Competing against 11 regionalists, I felt excited and hopeful but also anxious. I won the regionals, making me Tamil Nadu's qualified representative for the Nationals, to be held in the bustling metropolis of Mumbai!

The final level, Nationals, took place at Ryan International School, Goregaon, Mumbai, on 26th October, 2024. It was an immaculate blessing to be part of the national competition. I was up against the best creative minds from across the country, and I couldn't help but feel small and inferior in comparison. They seemed advanced, polished, and confident, which made me doubt myself.

My chosen topic, "A world where dreams become a reality. Is it a gift or a curse? How would you control it?" led me to write about an aspiring scientist whose dream it was to innovate a clone machine that ended up malfunctioning, bringing their issues to life as alteregos: Anxiety, Envy, Depression, Shame, and Insecurity. The story emphasized the importance of self-acceptance and how embracing our flaws could lead to a better world.

After an nerve-wracking wait, in a hall full of India's finest literary champions, my name was announced as the first-place winner! I was too stunned to speak. The moment taught me that self-expression, even with doubt, can lead to extraordinary outcomes. The Ryan group of schools had organized the Nationals exceptionally well, it made the event all the more enjoyable. The trip itself was memorable, for this time my family accompanied me and exploring Mumbai made the experience even more special This journey was about growth, resilience, and learning to truly believe in myself, as should you all!



Mithra Karthik

Celebrating the Bond Between Generations: Grandparents Day at Jeevana

Grandparents are truly a blessing to every family, creating cherished memories for their grandchildren. However, in today's fast-paced, mechanical era, family time is often sacrificed, leaving little opportunity to connect with the elderly. To bridge this gap and help children recognize the value of spending time with their grandparents, Jeevana proudly offered a heartwarming platform to celebrate Grandparents Day on the 23rd and 27th of August, 2024.

The Kindergarten arena was abuzz with joy and excitement as it welcomed proud grandparents for this special occasion. The event was graced by the Principal, Ms. Padmavathi, Vice Principal, Ms. K.M. Chitra, and the Headmistresses of the Junior Section. Ms. Pearlin, Headmistress (Pre-KG & LKG), set the tone for the day with engaging and fun-filled activities designed especially for the grandparents.

The elderly participants shed their inhibitions and eagerly joined in the activities, reliving their childhood with games such as palm printing, snatching the cone, catching the ball, and the "draw and describe" game. Their spirited enthusiasm left the children awestruck, as they witnessed the playful, energetic side of their grandparents. The laughter, joy, and vibrant energy filled the campus, creating an atmosphere of pure bliss.

The children, too, contributed to the celebration with captivating dance performances and engaging activities like balancing a bean bag and crawling through a tunnel. They also showcased their Montessori skills, which drew everyone's admiration and earned thunderous applause.

G randparents expressed their heartfelt gratitude for this memorable day, many with tears of joy as they cherished the precious moments spent with their grandchildren. The event left everyone with a sense of fulfillment, love and happiness.

Jeevana once again lived up to its motto of striving for excellence, creating unforgettable memories and strengthening the bond between generations.

With regards

Ms Susee R Faculty Member

Children's Day

Children's Day is a day of hope for the future. It is a reminder that our children are the inheritors of our world and that they have the potential to make it a better place. By investing in our children, we are investing in our future.

 ${\it a}$ dding on to the note, the Kindergarten Section of Jeevana organised a fancy dress event to make children feel special and showcase the talents and creativity of young minds.

 \mathcal{F} ancy dress blends learning with fun experiences for students. This introduces the student to the stage and it is the first step to become confident. It is about creative costumes and also the way students carry themselves on stage.

 \mathcal{J} he main objective of this event was to develop cognitive skills and confidence in the students. It provides a great learning experience for the students and gives them a platform to explore their talent.

Students came forward displaying their vibrant costumes. They were all charming and it was a feast, watching them dressed up in different characters or creatures and walking on the ramp. The effort taken by the parents of the participants is highly commendable.

In conclusion, Children's Day is a day of reflection, celebration, and dedication to the well-being and future of our children. It is a day to recognise their significance and pledge to create a world where every child can thrive and fulfill their dreams.







Ms Vishnupriya Faculty member

VIBRANT VIBES

Colours surround us, inspire us and evoke emotions. We embarked on a vibrant journey to celebrate the beauty and diversity of colours. Celebrating (colour day) makes learning fun and engaging. It brings excitement and creates an environment that is more dynamic. Colour days encourage collaboration and social interaction among children as they work together on various activities. They learn to share materials, take turns, and cooperate with others, which are important social skills for their development. By exploring the beauty of all colours, children learn to respect and celebrate diversity in all its forms.

A PATH OF CREATIVITY

Fun days with colours were celebrated in the month of July. To enhance the day, Teachers, children and parents too were passionately dressed in the same colour for the day. Children were encouraged to bring snacks related to the specific colour. To enrich their visual discrimination, we set displays for each colour like water falls, corn field, carrot field, vineyard, cave and snow land. Children were thrilled to view

the grand and innovative displays done by the teachers every Wednesday. The curriculum is planned to enable children to experiment with a wide range of activities.

ART OF COLOUR

B ased on each colour, various hands-on activities like colouring, crushing, pasting, printing and paintings were done by the children to enhance their fine motor skills. These activities foster artistry, self - expression and imagination.

COGNITIVE QUEST

Primary and Secondary colours were introduced to explore the spectrum of learning. Children learnt to name, recognise and identify the colours through various activities. To build and expand their vocabulary, children were taught to describe the objects in sentences. Songs and stories were played and taught to magnify their cognitive skills.





FUN WITH HUES

Colour themed indoor and outdoor fun games were conducted to develop their gross motor skills and enhance the learning environment to be more active and sporty.

DELIGHTFUL MOMENTS

 $extcolor{w}{}$ e wound up the colour days by lighting up our children's faces with cute handouts.

Ms W Anu.

Faculty member

Independence Day Celebrations

 $\boldsymbol{\mathcal{W}}$ e started the academic year with a happy note on 10th June, 2024.Bright faced angels with dazzling smiles were looking forward to their new classrooms and teachers. As our education is activity oriented, we planned to conduct so many activities in the second and third terms.

 ${\cal J}$ ndependence day holds immense national significance because it represents the birth of a nation, freedom from oppression and the beginning of self- governance.

 ${\cal J}$ he day begins with the Indian Prime Minister hoisting the national flag at the Red Fort in Delhi, followed by a speech and cultural programmes.

At Jeevana, we began the day with our Director hoisting the national flag and we had a few cultural programmes commemorating the day.

Our students of std II dressed up as past Prime Ministers and spoke about their contributions to the country. The children spoke well and we remembered our great leaders like Mahatma Gandhi, Pandit Jawaharlal Nehru, Lal Bahadur Shastri to name a few. Children understood the significance of National Festivals and the sacrifices of the great leaders.

 ${\cal F}$ or our SUPW project this term, the students of Std II were taken to the Jeevana garden and they did an activity on growing plants.

 \mathcal{F} hey had hands - on experience in filling the container with soil, planting the saplings and watering them. All the children took part in this activity enthusiastically and they learnt the importance of trees and plants.

Ms K.S.Mythili Headmistress (I - II)

Annual Day Celebration - Grades 1 and 2

 ${\cal C}$ ur much awaited Annual Day celebration took place on October 4th, 2024, with great enthusiasm and happiness. All the performances were wonderful leaving the audience captivated.

The event commenced with a prayer followed by skits, dances and a mime performance. The dances were beautiful showcasing intricate choreography and graceful movements. Each skit carried a meaningful message, such as environmental conservation, the importance of education, safety and cultural harmony. The young actors impressed everyone with their confidence, dialogue delivery, and expressions. Adding to the vibrancy of the evening were a variety of dance performances.





The colourful costumes, synchronized movements, and the enthusiastic participation of students left a lasting impression on everyone present. The Annual Day ended with a vote of thanks. The Annual Day not only showcased the incredible talent of the students but also brought together the school in a celebration of creativity, culture and unity. It was a day to cherish and look forward to in the years to come.

Ms K.S.Mythili Headmistress (I - II)

Earth Rocks

We are thrilled to share an engaging activity designed to help our students of grades 3 and 4 learn about the structure of the Earth. This hands-on experience has not only enhanced their understanding of geology but has also fostered teamwork and creativity.

Activity Overview:

Students created a model of the Earth, illustrating its different layers: the crust, mantle, outer core and inner core. This project encouraged critical thinking and allowed students to visualize the Earth's structure.

- **1. Materials :** Children were asked to bring some simple materials such as colored clay, cardboard, or any craft supplies that can represent the Earth's layers.
- **2. Participation :** We encouraged all to get involved! Children were allowed to brainstorm ideas inside the classroom and we supported them in doing the same.
- **3. Presentation:** Students came out with different ideas and presented their models in class. It was a wonderful opportunity for them to share their knowledge and creativity.

 \mathcal{J} t was heartwarming to see the excitement on their faces as they collaborate, explore new ideas, and express their creativity. Students actively participated in discussions, asked insightful questions, and worked together to overcome challenges. Their eagerness to learn and share created a vibrant classroom environment filled with laughter and discovery.

 $extcolor{w}$ e believe that this activity has made learning about the Earth both fun and memorable.

Ms.Gayathri.S Faculty member

Empowering Minds and Bodies: Celebrating International Yoga Day at Jeevana

International Yoga Day was joyously celebrated at Jeevana, with enthusiastic participation from students in Std IV to VIII. Punctual and delighted, they embraced the well-planned event wholeheartedly. Every child, regardless of access to a Yoga mat, joined in with enthusiasm. Jeevana ensured that every participant had a mat, highlighting our commitment to inclusivity. The selected Yoga poses, especially animal Asanas for the younger students, brought smiles all around. This event not only promoted physical health but also underscored Yoga's importance in our holistic educational approach.

Congratulations to everyone involved for a truly delightful celebration!



Ms. Deepika GovindarajFaculty member

Honouring The Brave: Celebrating The Free

As the title of our invitation says, on the occasion of Republic Day, students of Std III and IV put forth an inspiring and vibrant celebration, paying tribute to the brave souls who had fought for our nation's independence. The event, a blend of patriotism and creativity, was a true reflection of the spirit of Republic Day.

The highlight of the celebration was the students dressing up as famous freedom fighters of India. From Veerapandiya Kattabomman, Velunachiyar, Mangal Pandey, Jansi Rani, Bharathiyar, VO.Chidambaram Pillai, Sarojini Naidu, Bhagat Singh, Tirupur Kumaran, Mahatma Gandhi and Dr. BR. Ambedkar. The young participants left no stone unturned in recreating the essence of these iconic figures. Each costume, carefully designed, brought history alive, evoking a sense of pride and respect for the sacrifices made by these leaders.

Adding an interactive dimension to the event, teachers and students asked thought-provoking questions to the participants. The responses by the young 'freedom fighters' showcased their understanding of the country's history and their admiration for its heroes. These questions and answers not only tested the students' knowledge but also emphasized the values of unity, courage, and determination.

 ${\cal J}$ he program concluded with a motivational address by the teachers, urging students to uphold the principles enshrined in the Constitution and contribute positively to the nation's progress.

 \mathcal{J} his Republic Day celebration was not just a tribute to our past but a reminder of the responsibility we carry to shape India's future. It left everyone with a renewed sense of patriotism and pride.



JAI HIND

Ms Deepa Wesly Faculty member

Mulaipari: a rustic celebration of cultural wisdom

 \mathcal{M} ulaipari, an old ritual celebrated in our state, symbolizes growth, fertility, and prosperity through the germination of seeds.

This activity was initiated by Ms. Darathy and Ms. Selva Lakshmi, and all subjects were integrated into the experience. In preparation for this meaningful day, the children soaked the "navadhanya" in mud-filled pots, learning the importance of care in growing crops and transforming into little farmers themselves.

Grade IV students embraced this tradition with enthusiasm, wearing elegant and colorful traditional costumes (pattu pavadai). The event took place in the sports complex, where students engaged in various activities that connected them with their cultural roots and academic learning.

 ${\cal J}$ he highlight of the event was the children singing the traditional Kummi song in Tamil, accompanied by coordinated actions.

 ${\cal J}$ n English, they learned new vocabulary related to agriculture, including the process of sowing seeds and nurturing plants, while enhancing their writing and reflection skills through journaling about the event.

 ${\cal J}$ n Math, students measured the length of sprouted plants, observed the shapes of the pots, and studied the patterns of the leaves.

 ${\cal J}$ n Science, they explored the stages of germination and the factors that influence plant growth.

Social Studies lessons focused on the significance of agriculture, its historical and cultural heritage, and the importance of gratitude for nature's bounty.

 ${\cal J}$ he Mulaipari activity not only immersed the students in a rich cultural experience but also provided a holistic, integrated learning opportunity across various subjects, making the event both educational and memorable.







Ms Denis Steffi Faculty member

பாரம்பரிய உணவுத் திருவிழா

அன்புடையீா்! வாழ்த்துக்கள்!

நமது பள்ளியில் தமிழ் துறையின் சார்பாக மூன்றாம் வகுப்பு மாணவ, மாணவிகளால் டிசம்பர் மாதம் O2.12.2O24 முதல் O6.12.2O24 வரை **பாரம்பரிய** உ**ணவுக் திருவிழா** கொண்டாடப்பட்டது. இது மூன்றாம் வகுப்பு தமிழ் பாடநூலில் உள்ள பாரம்பரிய உணவைப் பற்றிய பாடலின் செயல் திட்டமாக அமைக்கப்பட்டது.

உணவுத் திருவிழாவில் பாரம்பரிய உணவுகளான கூழ், களி, பிட்டு, கொழுக்கட்டை ஆகியவன கம்பு, கேழ்வரகு, உளுந்து போன்ற தானியங்களைப் பயன்படுத்தி செய்யப்பட்டிருந்தன.

பல விதமான சுண்டல் வகைகள் கொள்ளு, கொண்டைக்கடலை, பாசிப்பயறு, தட்டப்பயறு, பொங்கல் வகைகள், பாயாசம் வகைகள் என பலவிதமான உணவுகளால் களைகட்டி இருந்தது.

மேலும் திண்பண்டங்களான பொரி, பொரி உருண்டை, அவல், உப்புக்கடலை மற்றும் மிட்டாய் வககைளான கடலை மிட்டாய், எள் மிட்டாய், கல்கோனா, தேன் மிட்டாய் என பல வகையான பண்டங்களும், மோர், பானகம், பருத்திப்பால் போன்ற பானங்களும் இருந்தன.

ஒவ்வொரு நாளும் பள்ளியின் அனைத்து ஆசிரியர்களும், உதவியாளர்களும், விழாவிற்கு வருகை தந்து மாணவர்களை உற்சாகப்படுத்தியும், உரையாடியும், உணவுகளை ருசித்தும் மகிழ்ந்தனர். மிகவும் சிறப்பான பங்களிப்பு பெற்றோர்களுடையது.

குழந்தைகளை உற்சாகப்படுத்தியும், சுவையான உணவுகளை சமைத்துக் கொடுத்தும் உணவுத் திருவிழாவை மிகவும் அருமையாகவும், பெருமை கொள்ளும் வகையிலும் நடத்த உதவினார்கள். நன்றிகள் பல!!!

- 🗸 கற்றலின் வெளிப்பாடு
- 🗸 பாரம்பரிய உணவுகளைப் பற்றி அறிந்து கொண்டார்கள்.
- 🗸 தமிழர்களின் சிறந்த பண்பாடான விருந்தோம்பலை கற்றுக் கொண்டார்கள்.
- ு நோயின்றி வாழ 'உணவே மருந்து' என்பதை தெரிந்து கொண்டார்கள்.
- பாரம்பரிய உணவின் பயன்கள் நம் உடலுக்குத் தேவையானது மட்டுமல்ல
 இன்றிமையாததும் கூட என்பதை உணர்ந்து கொண்டார்கள்.
- அன்றாட வாழ்வில் உணவினை சேர்த்துக் கொள்ள தொடங்கி உள்ளார்கள். வாழ்க தமிழ்! வளர்க தமிழ் பாரம்பரியம்!!

C. சாரா பாக்கியராணி தமிழ் ஆசிரியை

Exploring Trivandrum: A Journey Through Science, Culture, History, and Entertainment

 ${\cal N}$ estled along the southwestern coast of India, Trivandrum is a city that seamlessly blends tradition with modernity. As the capital of Kerala, it boasts a unique mix of cultural heritage, historical landmarks, and natural beauty that makes it a perfect getaway for travelers seeking a diverse experience. The 136 students of class 8 started their journey on 17^{th} of December and reached Madurai on 19^{th} December.

A Glimpse into History and Heritage

The journey through Trivandrum begins with a visit to the iconic Padmanabhaswamy Temple, a stunning architectural marvel dedicated to Lord Vishnu. Known for its intricate Dravidian-style carvings and historical significance, this temple is a must-visit for devotees and history enthusiasts alike. The Zoological Park, one of the oldest in India, offers visitors a chance to see a variety of exotic animals in a lush, green setting.

Modern Attractions and Shopping

Grivandrum also offers modern attractions like the Science and Technology Museum, perfect for inquisitive minds, Lulu Mall, one of the largest shopping centers in the region, provides a contemporary shopping experience with international and local brands. The Priyadarshini Planetarium is an exciting destination for astronomy enthusiasts, offering interactive exhibits and stunning shows about the universe. A visit to the Indian Space Research Organisation (ISRO) center gives insights into India's space exploration achievements and cutting-edge technology.



A Memorable Experience

Whether you're drawn to its historical charm, scenic landscapes, or vibrant culture, Trivandrum promises an unforgettable travel experience. With warm hospitality, rich traditions, and a perfect blend of old and new, this coastal city stands as a testament to Kerala's title as 'God's Own Country'.

Ms.A.Roja Rani Faculty Member

Mock Supreme Court

 ${\cal J}$ n an engaging and educational activity, the Class 8 students participated in a Mock Supreme Court session, bringing law and justice to life within the classroom. The event was designed to help students understand the workings of the judiciary, particularly the role of the Supreme Court in interpreting laws and delivering justice.

Divided into various roles—including Justices, lawyers, petitioners, and respondents—the students took on a real-world legal case adapted for their level. After extensive research and preparation, they presented their arguments before a panel of students.

 ${\mathcal F}$ he activity concluded with reflections from participants, many of whom expressed a newfound respect for the judiciary and interest in law-related careers. The event was a resounding success and demonstrated the power of experiential learning in shaping young minds.

Ms A.Roja Rani Faculty Member



Badging Ceremony – Celebrating Our Young Readers!

On Thursday, 6th February, the Class 5 Badging Ceremony was held at the Skating Rink to honor the reading achievements of our students. The event recognized seven dedicated badge winners who successfully completed their reading goals, along with 30 students who received certificates for their efforts and perseverance.

The celebration was filled with enthusiasm as the badge winners brought books to life through character enactments, book talks, and engaging clues, inspiring their peers to explore the joy of reading. The certificate recipients also took the stage, each delivering a 1-minute talk about their favorite characters, books, or authors, sharing their literary journeys with excitement.

 \mathcal{J} his ceremony has inspired the other students to develop a love for reading and set out on their own journey through books. Congratulations to all our book champions! Keep reading, keep exploring!





Ms. Ajitha Faculty Member

Parakram Diwas: Celebrating the Legacy of Netaji Subhas Chandra Bose

Parakram Diwas, or "Day of Valor," is observed annually in India on January 23rd to honor the birth anniversary of Netaji Subhas Chandra Bose, one of India's most influential freedom fighters. Instituted by the Government of India in 2021, this day recognizes Bose's unwavering courage, patriotism, and significant contributions to India's struggle for independence.

Parakram Diwas serves as a reminder of Bose's fearless leadership and his vision for a self-reliant India. It is a day to instill a sense of nationalism, courage, and dedication among citizens.

Parakram Diwas is more than just a day of remembrance; it is a celebration of bravery, determination, and patriotism. Netaji's ideals continue to inspire India's youth, reinforcing the spirit of self-reliance and national pride. As the country moves forward, his vision for a strong and independent India remains relevant and

significant.

 \mathcal{J} he students of classes 6,7&8 participated in speeches, poster making and drawings of Netaji Subhas Chandra Bose on this occasion.

Let us honor his legacy by embracing the values of courage, unity, and unwavering dedication to our nation.

Jai Hind!

Ms A.Roja Rani Faculty Member



English Exhibition

€n 28th June 2024, our school conducted an English exhibition. It was a wonderful event, celebrating English Language and Literature. I am very thankful to have been given an opportunity to participate in the exhibition.

 \mathcal{F} he English Exhibition was hosted in the Sports Complex of our school. So many students volunteered to take part, which proved how enthusiastic Jeevanites are in such events.

 \mathcal{J} t was obvious that many students and teachers put in lot of effort towards the English exhibition's success. I made an exhibit of an activity based on Rebus, but there were dozens of others, all super unique in their own ways!

 ${\cal J}$ saw my fellow students conducting various activities with ideas like framing stories, word games, puzzles, prepositions, parts of speech, and so much more!

This exhibition was not only beneficial for the visitors but also broadened my understanding of the intriguing language, English. This also taught students to express their thoughts effectively to the spectators. In a nutshell, participating in the English Exhibition was fun and useful, and was surely fruitful for all other teacher and student visitors.

Iniya Karthik 7 A

English day stage performance

 \mathcal{J} he English Day performance was done by grade XI on the 26th of July ,2024. The whole day was EPIC! It started off with prayer, of course, by the choir girls. Classes from VI till XII watched it and seemed like they did have a blast watching our performance.

The first play was "King out of time". It was 'bout a king who travelled through a time portal and ended up in the modern era. This play was really interesting and showed how they managed to send him back to his timeline. The ending was really hilarious since the king made a re-entry which sent the millennials run for their lives before they went insane.

 \mathcal{F} he second play was pretty interesting as well and was based on three friends trying to give solutions for each other's problems. It took place at an office.

There was a blindfold performance based on Shichida method which was absolutely mind-blowing! It made everyone wonder how it's even possible to identify any object with a blindfold on just by feeling it and smelling it. Including the colour of the object, pictures and letters on it. It definitely requires years of practice.

 ${\cal N}$ ext was the Orchestra's time to rock the stage. They did a great job making our hearts dance to their rhythm. They had singers, a guitarist, a pianist and, definitely, did rip the stage.

The third play was "Hidden Scroll" which had an olden tamil swordfight with insane moves and stunts and looked really powerful. It was awesome. They included some historical magic to it. It portrayed a lazy and sleepy museum security guard, who failed to even notice a burglar robbing a historical scroll. This skit was about how they retrieve it. We laughed hard watching it.

The fourth play was "A Carnival of Reflections". It was about two friends exploring a carnival. It all seemed like a normal day until they met someone who was the very incarnation of the fates but also calls themselves the saviour of humanity. They seemed evil to people who think that way or the other way around. It depends on the audience's perspective. As the two friends meet that enigma, their doppelgangers arise and there is a funny fight sequence as if they are fighting their inner demons. Over-all, this showed people to embrace whoever they are on the inside.

Last but not the least, it was time for the vote of thanks. To be honest, without the narrators and comperes, the show wouldn't have been clear. They created a suspenseful atmosphere at the start of every show and every scene, which caught everyone's attention. They maintained the fun atmosphere by adding their own sense of humour. Hats off to them. Without the actors, the skits wouldn't have been a hit. They killed it with their realistic performance showcasing their Oscar acting skills and switch of emotions and expressions.

 \mathcal{F} he Orchestra also boosted up the fun energy in between the skits with their musical performance. The BGM team made everything really interesting by adding background music at the perfect time causing a mix of emotions in each skit.

 \mathcal{M} ost importantly our heartfelt gratitude to Miss. K.S Lakshmi who made this whole English Day possible.

Rashmie M S Newsletter Reporter

Field Trip to a Paddy Field at Thuyaneri – 18^{th} and 19^{th} September, $20\overline{24}$

 $\it W$ e are pleased to share that as part of the 'No Bag Day' initiative, a field trip to a beautiful paddy field at Thuyaneri, near Alagar Kovil, was organized for the students of Std V on 18th and 19th September 2024.

**Agriculture, being the backbone of our economy, plays a vital role in our daily lives, and this trip aimed to give students a deeper understanding and appreciation of the hard work our farmer friends put into food production. The students had a wonderful time learning about farming and experiencing life in the fields through several enjoyable activities:

Varappu Walking:

 ${\cal J}$ he students took a peaceful walk along the lush green paddy fields, soaking in the natural beauty and enjoying the fresh air under the mild sunlight.

Tractor Ride:

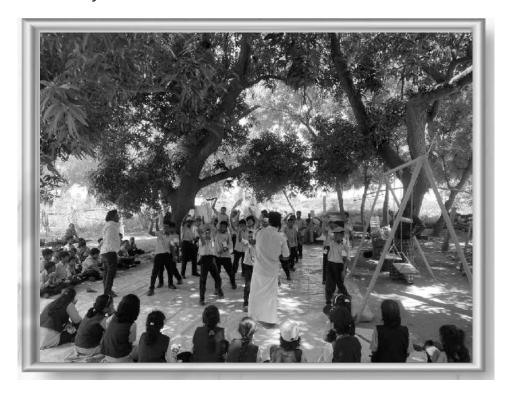
 ${\it a}$ fun-filled tractor ride gave them a chance to explore the farmlands and catch a view of the scenic lotus ponds.



Fun-filled Activities:

 \mathcal{F} he students participated in various engaging cultural activities, connecting with the essence of farming and nature while having fun.

 ${\cal J}$ he highlight was learning Oyilattam, where the children had a fantastic time exploring different rhythms!



<u>Lip-smacking Traditional Snack:</u>

 ${\cal J}$ hey savored a delicious and healthy snack made from farm-grown black rice, lovingly prepared by the hosts.

Ms. Deepika gave an inspiring talk on farming, respecting farmers, and not wasting food. And the day ended with a Q&A session where Mr. Arul answered their questions and deepened their understanding of agriculture.

 ${\it \it S}$ he trip fostered a sense of gratitude, appreciation, and respect for the work that goes into agriculture. The field trip was a memorable and enriching experience for all, leaving the students with a greater awareness of the importance of agriculture and an unforgettable day spent amidst nature.

Ms Ajitha Sriram Faculty Member

Cultural Program for the Japanese Guests!!

On a normal, not so exciting, school day, A.K.S. Sir called out the participants of Grand Annual Day from 12th. And I was one of them. We were all clueless about why he called us out of the blue. Then he asked us if we could perform something for the Japanese exchange students who had come to our school.

I was so happy that I could blast on into the outer space and beyond. After India, Japan is my favourite country. I love everything about Japan and the Japanese, such disciplined people they are. Most of all, I'm a HUGE fan of Anime and J-Pop!! Hence I was super hyped about Principal Ma'am's idea. The thought of meeting actual Japanese people in person and talking to them made me really happy that I could cry.

There was a catch to all of this though: we had one day to practice: The day we were told about it: That's it. We were asked to perform the next day, which of course is a little difficult even though we are all very well trained Bharatanatyam dancers. The thought of showing our culture to the Japanese fired us up. They did the same for 5th graders and now it was our turn. I was really proud of what we were doing.

We had the liberty to miss class for that whole day. Finding a proper room to practice was quite difficult, after running back and forth from the Senior Section to the HS block, we were allotted a room. Then we began our practice. I simply love to physically work hard, because the result is immense sweat. And that was what was happening. We were gasping, sweating, singing the song to ourselves, all at once. It was fun. After all of this ended, we were mostly ready. Padma Ma'am asked us to wear practice sarees and do our hair and makeup accordingly.

I couldn't sleep properly because my dopamine levels were high.

Getting ready for Bharatanatyam performance takes a LOT of time. I didn't have much of an appetite, but still ate a little of something. After we all met at the allotted place, we practised (only hand movements) the song three to four times.

The big moment finally came. We were all standing in our positions onstage, waiting for the song to start. *Bam!* The song started playing and we were dancing, trying to remember all the steps correctly without messing up. Slowly (not exactly because the song was fast), our performance came to an end. It was hard to see without my glasses, but I was kind of able to see that the Japanese girls were videographing our dance.

According to them, our dance was amazing and we looked cute. But according to me, our dance could've been better. After we finished, Padma Ma'am wanted us to hand out the thank-you cards to them. I casually struck up a conversation with them in Japanese and they were surprised to hear me speak a little fluently and with a clear accent. They replied in Japanese as well!!! We talked about Anime and my favourite J-pop group. I was on top of the world. We all clicked a few pictures together. Then it was time for them to leave and time for us to change and get back to class again.

Thankfully, the cultural program we planned for went well. Even without proper practice we did well. And I was able to talk to the exchange students!!! That was the best part. I'm really grateful to Padma Ma'am for giving us this kind of opportunity.

Arunima Ananth 12 'B'

The International Service Learning Programme, 2024

𝒪 ur school had the privilege of hosting six students from Japan's International Christian University (ICU) as part of their International Service-Learning Programme from August 5 to August 7, 2024.

 ${\cal J}$ he daily visits from 10:00 a.m. to 12:00 noon were dedicated to fostering cross-cultural understanding and providing valuable insights into the Indian education system.

During the event, students from our school and ICU engaged in interactive sessions that involved educational games, origami workshops, and discussions on Japanese culture. They also shared personal stories to emphasize the significance of Hiroshima Day and promote global peace. The program also included a quiz on Japanese culture, a chopstick - use demonstration and an exchange of gifts.

 ${\mathcal F}$ he ICU students expressed their appreciation for the warm welcome and the chance to experience Indian culture. The event concluded with a valedictory function that featured a classical dance, leaving a lasting impact on both our students and the visiting ICU students.

 ${\mathcal J}$ his exchange fostered mutual respect and highlighted the value of international collaboration.

 \mathcal{J} he exchange program received positive feedback from students. They enjoyed learning about Japanese culture firsthand and appreciated the interactive activities, such as the origami workshop and the cultural quiz.

 ${\cal S}$ tudents were inspired by the emphasis on global peace, self-learning and respect for all professions among ICU students.

 ${\mathcal F}$ he sessions on using chopsticks and discussions on Japanese traditions were also found fascinating. Overall, the exchange broadened students' cultural understanding and provided valuable lessons on global citizenship.





Ms Alice Juno Headmistress [V-VI]

W J Mc Mahon Creative writing competition

"The art of teaching is the art of assisting discovery."

 \mathcal{F} his quote by American writer and poet, Mark Van Doren, is a splendid remark on the role of a teacher in shaping the mind of a student. It is a blessing to be educated by such teachers who help us discover the true and unique potential that we possess.

Our esteemed Director, Dr. Ramesh Sundaram, had the privilege of studying under one such teacher, Mr. W J Mc Mahon, during his days as a student at Lawrence School, Lovedale. Hence, it is most fitting that Jeevana hosts the W J McMahon Creative writing competition to honour him.

The competition which was held on 12 th August, 2024, was followed by a prize giving ceremony weeks later. As our school was the venue, the Teachers, along with the students of grades 11 and 12, were the audience. The ceremony began with a 'welcome address' which served as an introductory to the legacy of Mr. Mc Mahon and was followed by the introduction of the judges who had taken their time to evaluate the papers written by the students of Jeevana and other ICSE schools.

 \mathcal{J} he judges, Dr M.G Ramprasath, Mrs. Dora Scarlin and Dr Galina Elsieta Davis took turns to address the gathering. We were all enamored of their ingenious speeches which revealed to us, the beauty and nuances of the English language.

 α fter this, the Director, shared with us, a glimpse of his fond memories as a student at Lawrence School; his vivid descriptions of Mr. Mc Mahon revealed to us the genius of a man.

 ${\cal N}$ ext, the most interesting part of the ceremony, where prizes were presented to the talented students by our teachers, became a happy memory for us all. The event came to an end with the Vote of Thanks, followed by the singing of the National Anthem.

 \mathcal{F} hrough the ceremony, I realized the importance of a diligent teacher and a dedicated student in making the process of learning complete. The creative writing competition taught us the value of writing and the art of expressing our emotions through it.

Manassa.P

Investiture ceremony

The pleasant day began with the higher secondary block buzzing as my classmates unpacked badges and assigned them to the respective committee members. After what felt too long, the ceremony started with the chief guest, senior teachers of various departments and the student leaders on stage.

The ceremony began with the welcome address, followed by thanking the Almighty for this day. The Head Boy, Heady Girl, Vice Head Boy, Vice Head Girl and the Prefects took their oath of duty, which was supplanted by a motivational speech by the chief guest, Mr. A.Sudhakaran, Principal of Vikaasa Schools about knowledge, skill, and attitude which were required for a leader. He had emphasized on the use of the word 'us' instead of 'I' in teamwork which had made a lasting impact on me. This event then led to: The certificate and badge pinning ceremony for the leaders of Jeevana.

The prize distribution part! The school has always been motivating the high achievers of classes 10 and 12 and recognizing the hard work for their academic excellence by honoring them.

As one of the best days came to a close with the vote of thanks, it marked not only the end of the memorable day but also the beginning of a new journey for all the leaders committed to the welfare of our school.

PRARTHANA BP KUMAR

and sharp the state of the stat











Independence Day Celebrations

Jeevana school has never failed to cherish the day of enlightening freedom that struck India in 1947. This year, the 78th Independence day, was remarkable. It was exciting to see how each and every student was enthusiastic about this event, getting assembled at the ground so actively.

 \mathcal{J} he event started with the school prayer. Next was the flag hoisting done by Dr. Ramesh. The patriotic wave hit us as we looked at our pride swaying high in the air. The school had arranged a fantabulous show. We were amused by the performance by students of standard II, III and IV; it was well coordinated and the orchestra gave us goosebumps.

 ${\cal M}$ eanwhile, we got to inquire with a few teachers about how they felt about that very particular day.

 $\it W$ hen Ms Chandraleela was asked about the development of the country through these years, she was sharing her satisfaction with how the country achieved a great technological and economic development. But at the same time her view stressed the importance of socialist development which our country lacks.

 \mathcal{A} s an economics teacher, Mr Balakrishnan was delighted to share how the country's economy thrived. He is sure that within a few years, India will become the G.O.A.T and also would master maintaining world peace.

Ms Meenakshi considered the population splurge in India to be helpful and a hindrance at the same time. She expressed her concern regarding political reforms not reaching the public.

Ms Devakirubai spoke about how privileged she was to reside in a place of glorious history. She also mentioned that Dr.Ramesh's speech was accurate and inspiring.

Lastly, we had a chance to have a conversation with Komal, the Vice Head Girl, about her experience hosting this very event. She enthusiastically showcased her pride to be an Indian and to be honored to serve the country really soon.

 \mathcal{F} he event came to an end with the National Anthem, which raised our spirits and patriotism.

 \mathcal{L} et us wait to celebrate more years of pride and serve our nation with all our might.

Jai hind!

-ASHWIKA S. AND HARINI N.

Newsletter Reporters

A Day Filled with Josh and Fervour

As the morning broke out with the spring of freedom, with great fervour, I entered the gates of our school. The monsoon sun and the cascading cotton clouds, in a benevolent gesture, shielded us from the routine heat that would be expected in the forenoon. As leaves knit together by nature to create a harmonious canopy, the August [pun intended] assembly gathered with the same precision, standing tall, uniform and united with our ears, yearning for the stirring symphony. Dr Ramesh, with his habitual beaming smile, greeted us and was followed by the flourish of the flag song. From the tall pines to the young, leafy, newly budding saplings that adorn our garden, everything halted its exuberant and gentle flutter as the music troupe croned in their voice a patriotic melody which enthralled our spirits and gave us goosebumps galore. The crowd was dispersed by the influential cadence of our Head Girl.

Soon, our presence was requested at an Independence Day tribute. For a brief moment, my-eyes deceived me, and I stood there stunned whether it was actually our freedom-fighters alive and breathing in our school premises. Upon closer scrutiny, it was our first and second graders clothed in the attire of history. Dr Ramesh applauded the lads and drew the day to a close with his address on what *Azadi* really means with the Vote of Thanks and the singing of the National Anthem.

Creflo Joshua Newsletter Reporter

A wholesome venture

Jeevana is a remarkable school where we strongly believe in encouraging the teacher-learning process through activities. Building on the success of last year's Sales Day, this year's event reached new heights, offering students not only hands-on experience in sales and marketing but also an innovative twist that made the learning experience even more engaging and meaningful.

Conducting Sales Day was designed as a learning opportunity for our eighthgrade students, allowing them to experience the world of commerce through direct involvement in sales and marketing. With the invaluable support of our management team, the Principal, the VP, Teachers, and the sub-staff, the event showcased the students' excellent work ethic and effort. The ultimate success of this initiative was the significant profit of Rs 23,000, which was then donated to Jeevana's Make a Difference committee, which supports orphanages and old age Homes.

An exciting new feature this year was the introduction of JeeRupeeZ, a unique currency printed at school, which students had to exchange with actual Rupees. This helped enhance the learning experience and introduce students to the idea of currency exchange. We look forward to continuing this tradition in the years to come, and we are confident that this event will continue to be an essential part of our school's commitment to creativity and making a difference in society.

Ms R. Anitha Banu Head of Math Department (Senior Section)

Sales day_class 8



 ${\mathcal S}$ he vibrant day unfolded with excitement and anticipation as students eagerly set up their small yet thoughtful shops. From handmade crafts to snacks and saplings, the classroom-halls transformed into a bustling marketplace brimming with creativity and charm. Like every other event in Jeevana, weeks of meticulous planning preceded the big day. Students and teachers planned the entire event, fostering a strong bond between them while also helping students develop essential management Life skills. Students designed eye-catching charts and posters to decorate their shops, drawing in customers and enhancing their sales. Their creative approach to marketing successfully captured the attention of eager buyers, convincing



many to explore and make purchases. Innovative taglines such as 'We bake love, not calories' for cake shops, along with creative shop names like 'Manchester Store', 'Akatsuki Store', and 'Tamil Thalaivas', captivated the attention of young customers. It is worth noting that our very own Jeevana currency was exclusively traded within the campus. A dedicated currency exchange center was set up at the entrance to track every single rupee invested, ensuring smooth and accountable transactions throughout the event. Thanks to the food and refreshment stalls, every customer stayed energized, making it easier to shop and enjoy the event throughout the day. The sales day event was more than just selling products for profit;

it served as a valuable learning experience, teaching students essential marketing skills and the importance of money. The event not only honed their communication skills but also emphasized the importance of teamwork and unity. Many students faced challenges like managing crowds or dealing with shortages, but they handled them with creativity and calmness. Every rupee of profit earned by the students was collected to raise funds for charity, while their initial investments were refunded to save parents' pockets. Overall the sales day was more than just a fun event, it was an opportunity for students to learn and improve their life skills, giving students a sense of accomplishment as they contributed to the society and earned not only profit but also memories.

K. Akash and Kirtikram S.Newsletter Reporters

Scholastic Book Fair 2K24

 \mathcal{C} ur school hosted a vibrant book fair, turning our library into a bustling hub of literary excitement.

It offered a chance for everyone to dive into the magical world of books. They had a colourful and funky signboard outside the book fair, warmly welcoming our eager readers. The book fair was held for grades I to IX who were seen browsing and keenly searching through the shelves, their eyes bright with pure bliss.

The book fair had books like our all time favourite, Geronimo Stilton, Bad Guys series, novels and sticker books that kids absolutely love. Each class was taken to the book fair for a glance and they were allowed to come there with their parents to buy their books anytime. The idea of setting up a book fair is really great because, its like an invitation to discover untold stories, explore new worlds and revisit beloved classics.

This is a wonderful opportunity for youngsters to develop their knowledge and creativity, and a great place for the motivation of becoming future authors and publishers. I do think that the book fair has sown the seeds of a lifelong love for reading in our fellow students' hearts.

Rashmie M.S.

Newsletter Reporter

Ms Kavya Mitchi's Address

"Do what you love and love what you do."

Ms. Kavya Mitchi stands as an epitome of this statement. Her love for English intrigued her to pursue bachelors in English Honours at Christ University. Being a PhD scholar from NIT, Calicut, she shared how passionate she was when it came to taking up English as her major course. It was truly an eye opening session for us as no other person could have explained the various fascinating career options better than her. The session just became more enthralling when we started to interact-with her. The room was flooded with curious questions and she made sure to give detailed answers for each question. She not only spoke about the different professional opportunities but also guided us with the plan on how to start and where to start. We were spellbound by the efforts she had taken to acquaint us with the same . We were-swelling with pride to have our alumnus back with inspiring experiences. This was a fueling session for the hearts burning with an eternal passion.

Harini N.

Newsletter Reporter

Science Exhibition [Grade 9]



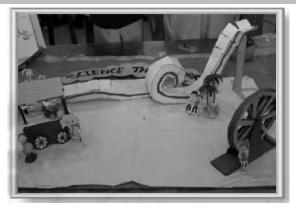


 \mathcal{F} his annual science pop-up named "Science spectacle" brought together by the 9th standard students was truly an electrifying specatcle for the Teachers, the Principal, the stream of student- visitors and the parents who visited it at 3:00 P.M.

 ${\mathcal J}$ walked into an extravagant looking decorations, science theme posters, funny science jokes and rows of tables customised to match the creative displays. The entrance astonished me with this beautiful and vibrant ${\it rangoli}$ done using sand and leaves for the palm trees! It was innovative, and the creativity in using natural ingredients was unmatched!

One of the tables showcasing a banana's DNA really had my curiosity kick into overdrive. The working of a human hand, a solar tracking system that tracked the sun's direction portraying intelligent young minds and another that had a science theme park with a roller coaster revealing the physics behind the thrilling ride using marbles. Along the same row, two students had made a remote-controlled excavator out of cardboard unveiling its mechanism! Ever realised the physics in biology? This table had plant pots topped with hand made butterflies and bees. It was an aesthetic way of flaunting "Physics in ecology" like a lighthouse in a storm! An Electromagnetic train-like live demonstration using a copper coil giving a gist of the futuristic world was truly amazing to watch, too.

The most remarkable aspect was the teamwork. Everyone worked together in turning each exhibit into a fun lesson! They took effort in clearly narrating what their experiment/display was about by including a lively game at the end with a questionnaire making it interactive!





 ${\cal J}$ he 9th-standard exhibition was a resounding success, offering a celebration of young scientific talent. This experience will inspire them for future discoveries and breakthroughs!

Shalini R.

Newsletter Reporter

The Science Spectacle : A Day to Remember!

𝒪 n 16th November 2024, the Science Exhibition was held and I was thrilled to have been a part of it. We, the students of grade 9, showcased our innovative and enlightening exhibits with true scientific temper.

 \mathcal{F} he exhibition was a spark of light that reminded the profound impact of science on our lives. It encouraged us to think critically, work together with our peers and to make a positive impact on the world.

Each team worked tirelessly on their projects. On the day of the exhibition, the venue was transformed into a vibrant display of projects that evoked curiosity and scientific thoughts. The exhibition showcased variety of projects, including the illuminating solar-powered street lights, the symphonic sound camera, the explosive volcanic eruption, and the fascinating replica of the human ear. The working model of an eye, though unsettling and nightmare inducing, was extremely impressive.

 \mathcal{F} he venue buzzed with excitement as the visitors moved from one exhibit to the other, asking questions and marveling at the ideas. The visitors were truly in awe, looking at the plethora of innovative exhibits.

 ${\it w}$ hat left a lasting impression on me was the exhibition's perfect blend of intellectual enrichment and self-discovery.

 \mathcal{S} he exhibition was an overall incredible experience that we will always treasure. It inspired us to explore the wonderful realm of Science with undying curiosity.

Shailesh S.M.

Teachers' Day

 ${\it I}$ t's the 5th of September! A day to eulogize our teachers for the kind of job they do and honour them for their immaculate efforts. As part of this celebration at our school, the 10^{th} graders had planned to make the day even more special and enjoyable by their performances and other fun activities.

The stage was adorned with colourful embellishments such as adorable balloons, creative artwork on the walls as decor and much more. The program commenced with the anchors introducing their shows and other activities for the day.

It began with a graceful *bharatanatyam* dance performance by a group of girls, who moved like swans across the stage making the audience fall in love with their grooves. The performance was followed by several other dance performances. It felt immensely refreshing to catch sight of such mesmerizing, syncopated steps by our very own 10th graders. Furthermore, students also played keyboard and other instruments like Veena, soothing the audience with the mellifluous symphonies.

 ${\it a}$ drama was also orchestrated by a group of 10th graders, the crux revolving around the importance of paying heed to the guidance of teachers and the possible consequences in faltering to do so. The play adeptly conveyed the message through a research student getting herself into trouble by ignoring her professor's advice. Finally the show was drawn to a close with a fun game show for teachers to take part.

 ${\it J}$ t was delightful to see our teachers let their guard down and have a good time.

 ${\cal J}$ he impeccable show then came to an end with the anchors signing off for the day. The meticulous efforts of our 10th graders in putting together a show in a very short period of time is commendable.

 $oldsymbol{w}$ hat a proud moment for all the Teachers !!

Sri Vashini S.

Newsletter Reporter

Annual Day Report : [Grades 7 and 8]

 ${\cal J}$ n a spectacular display of talent and creativity, the team from classes 7 and 8 of Jeevana school celebrated its 'Annual Day' on 9th August, 2024.

 ${\cal J}$ he stage came alive with a vibrant kaleidoscope of cultural performances, showcasing various talents on the theme PEACE.

 ${\mathcal F}$ he event commenced with a divine melody followed by Inaugural insights.

 ${\cal J}$ he cultural programmes showcased innate talents of Jeevana's budding artists.

 ${\cal J}$ he enthralling skit and mime performances depicting peace and tranquility by our jeevanites stole the show.

 ${\mathcal J}$ he theme based dances, both western & folk, captivated the guests.

 \mathcal{J} he props and costumes added colour to the festive occasion with the synchronised dance movement to the foottapping music.

One of the highlights of the evening was the portrayal of Lord Muruga; a captivating dance - drama etched out of a remarkable epic.

 \mathcal{F} he event successfully accomplished its goal of offering an enlightening and immersive experience, leaving everyone with a deeper connection to the world of PEACE.

 ${\cal J}$ n a nutshell, the evening was blissful, brilliant and unique.

Ms Kalaivani. Faculty member







Nursery Rhyme Celebration : A Joyful Children's Day for Ist Graders

1st grade students gathered for a joyful nursery rhyme viewing. They watched colorful animations of beloved classics, singing along and moving to the rhythm. Laughter and smiles filled the room as children engaged with the songs, fostering their love for music and enhancing early literary skills through play.

Grade 2

As part of our Children's Day celebrations, students of class 2-C participated in a fun and meaningful paper boat-making activity inspired by the poem 'The Growing River'. This engaging project will not only spark creativity but also encourage important discussions about the health of our rivers and enable them to think twice before throwing plastic wrappers into the water.

During this activity, students learnt how to make their very own paper boats. They used colorful paper and wrote their names on them. This poem serves as a reminder of the vital role rivers play in our ecosystems and communities.

To enrich the learning experience, the teacher talked about how pollution of the rivers will shrink it and compared it with the human mind which will shrink if introduced with nasty thoughts.





 \mathcal{F} his paper boat-making activity was not only a chance for the students to express their creativity but also a meaningful opportunity to understand their role in preserving our environment.

Roshan Gopal and Creflo Joshua

Grade 3

As for grade 3, we were able to witness their smiling faces and sparkling minds, answering all questions shot by the teacher creatively. When they were asked about their day so far, all jumped with excitement and with the purest smile and said it would be a memorable day. We could hear the students chanting the verses of Bharathiyar's songs enthusiastically. The activities conducted by their teachers showcased their language skills and their masterpieces on paper. How quick were they in thinking!! The hot seat activity done by class 3 amazed us with the kid's creativity. The girls' dressing sense showed elegance, while the boys rocked with their gentlemen's attire.

-Rithika T. and Ashwika S.

Grade 6

It's Children's day, ladies and gentlemen! Can there be a better way to start the delightful day with all the tots of our school bustling with their countenances plastered with wide, beaming smiles? The children or the stars of the day were warmly, yet adoringly welcomed by the cartoon characters waiting for them at the gates with sweets and badges. It was very heartwarming to catch sight of these children enjoying the day to the fullest with bubbling excitement for the upcoming events and activities that the day had in store for them.

It was very exhilarating to know about how 6th graders spent their Children's day. We were welcomed by enthusiastic boys and girls, smiling wide while sharing about their day. The everlasting energy of 6 E students radiated throughout the class in singing the atom song and guessing the elements. Just as we spoke to them, we had 6 D brimming with pride on winning the Talent Time, a huge highlight of their day. They expressed how uplifting it was to see cartoons dancing and swaying to invite them. Various activities like Simon Says to algebraic games kept our youngsters engaged. Students of other sections were found to be running with their spirits high during their games, enjoying to the fullest. The children expressed their ecstasy on being able to spend the day bereft of lessons and homework to be done. It was also quite evident by the cheer that the kids radiated on having to practice for their Annual





events, dancing to songs that made them groove with glee. Though the day was packed with exuberance, one common thing that each kid wished for was to be clad in vibrant, colour dresses instead of their uniforms. The earnest efforts that teachers had taken to make the most of the day, paid off with all cheer, for each kid in the 6th grade was found to be enjoying their day to the maximum. Last but not the least, the peanut candies just made everyone's day. It was not just the peanut candies that were sweet, but also the grins adorned by our kids!

Harini N and Sri Vashini

Grade 7

On this day that is dedicated to honoring the happiness, innocence and the sweet bliss of childhood, we have taken a stroll around the campus and we are enlightened as well as happy to see the children spending their day doing various activities both outdoors and indoors having the best time of their lives yet!

One of the best things about Children's day is the fun and joy everyone got to experience because these activities not only kept them energetic but also brought them together in teamwork and taught them the significance of the bonds that are created.





AII the students were thrilled when they found out about the events that were planned for the day. The whole class was actively involved in games like charades, some value education about child labour during the Jewish times by watching a video about anti-semitism as well as word building games with only 30s on the clock during English!

 \mathcal{M} ath class could not have been more beguiling! Teachers blew up gaudy balloons and set up a math related quiz game that enthralled fellow students!

During value education period, everyone got to participate in a really fun outdoor activity with a hoola hoop, which they were challenged to pass in order to reach the last person of the line and they had to hold hands while doing so! They also split up into teams forming two lines passing a ball back, trying to get it at the end of the line the quickest! They came up with strategies and game tactics. It is amazing how smart minded they are!

Boys and girls worked together and made posters to stick on the notice board and it was all wonderful and eye-catching!

The students were taken to the computer lab during computer period and were allowed to play games on it! I could see their eyes twinkle as they had a blast talking about the characters they had unlocked and the levels they had reached to their friends!!

Shalini R. and Mithra Karthik

Grade 8

 ${\it a}$ "joyous" day it was. To start with the day started with our beloved mystery staff welcoming the students, dressed up as mascots and cartoon characters. The children spent the former part of the day watching a fascinating animated movie "Orion and Dark" which reflects the theme of overcoming one's anxiety and fear which is the most valuable skill learned; the latter part of the day was filled with many activities

conducted by their respective teachers where students got a great chance to showcase their talents, overcome their stage fear and improve self confidence. Interesting educational games were being conducted to induce the creativity of students. Students enjoyed the fun video game session conducted by their Computer Science teacher. Many "out-the-door" games were also conducted, to let the children enjoy the warmth of sunlight. Students had a fun *arts and crafts* session to enhance their extra-curricular artistic skills and the day sure strengthened the bond between teachers and students and led to a better way of learning as they were interacting on other things. Overall, it was a wholesome day filled with useful celebrations that both improved student' skills and made their day an elevating experience.

Sachin Sundar, Kirtikram S. and Akash K.

Tabling some facts- a special session with an alumnus

It was but an inspiring speech by our beloved alumnus Mr. Ananth Gunaseelan. The speech will surely have an everlasting impact in our lives. Being a school topper and a national table tennis player simultaneously is no simple task as it requires strong will power and determination. His story was inspiring. He had stated that he used his travelling time in between competitions to study for his exams. All these show that having the right mindset will take you through the toughest times. He also showed us a lot of career prospects which helped to gain knowledge about many different career options other than the typical ones. He shared his experiences of college life and campus interviews which gave us a broader view of our future. He taught us how to balance both our passion and professional life. Mr. Ananth Gunaseelan made the speech interactive and entertaining, which kept us attentive throughout. Overal, I it a was a great experience listening to his speech. It was not only engaging and interactive but also informative, Credit to him for making the speech both enjoyable and insightful.

Kritikram Newsletter Reporter

What Teachers' Day taught me!??

My experience on Teachers' Day was one that I will remember fondly for years to come. The excitement started when I wore a saree for the very first time. I had never worn one before, so wearing it to school made me feel special and curious about how others would react. As the day approached, I grew more and more anxious, unsure about what to expect. I didn't know what a lesson plan was, and despite asking several teachers, I could never fully grasp the concept. However, after some encouragement from Mr AKS , I managed to submit my work, even though I had no clear understanding of the process.

 ${\mathcal J}$ was assigned to take English classes for Ms. Aruna Manikandan, one of the teachers I admired the most. The idea of teaching her students made me nervous but also thrilled. One week of waiting felt like an eternity as my friends and I debated over what color saree to wear and other preparations. When the day finally arrived, I entered school filled with tension and excitement. Many juniors mistook me for a teacher and greeted me with *good morning and Teachers' Day wishes*, which was both funny and flattering.

 ${\it M}$ y first class was with the 11th standard, and I'll admit, I wasn't prepared for it. I knew I would make mistakes, and I felt like I was wasting their time. But I told myself to carry on, and a few students made the class more entertaining, for which I am thankful. Next, I moved on to the 9th standard, where the students were more lively and engaging. They cracked jokes, participated in competitions, and made the class a fun experience for me. The energy from their friendly banter kept me going.

During snack break, our Headmaster treated us to vadas and tea. Though the tea was too hot and a bit too sweet, it gave me the energy I needed to continue. After the break, I went to the 10th standard, where the students were quiet and reserved. At times, I felt like a joker, but the boys managed to liven up the class with their role play.

As the day went on, I had the chance to visit some of my friends' classes, where I acted like one of their students and had a great time with them. However, one of my strict friends kicked me out of her class, which left me feeling a bit embarrassed. By the end of the day, I received many compliments from Ms Aruna's students and her appreciation for my growth throughout the day. From the initial awkwardness to gaining confidence, Teachers' Day became an unforgettable experience, one that taught me valuable lessons about teaching, learning and myself.

Atsara B 12 D

Meet-the-Author: Ms Anujha Chauhan

An Author's Inspiring Journey

The study centre for Indian Literature in English and Translation (SCILET) has organised Meet-the-Author programme in the Main Hall of The American College on 7th of August 2024. A vibrant screen writer, novelist and advertiser **Anujha Chauhan** graced the gathering with her presence. The 'Meet the Author' session, attended by an enthusiastic crowd of 16 Jeevanites of class 10, was a golden opportunity to glean insights into the world of writing.

Ms. Chauhan captivated the audience with her candid sharing of life experiences. Her journey from the fast-paced advertising industry to the serene world of authorship was nothing short of inspiring. The writer's passion for storytelling was evident as she eloquently articulated the reasons behind her career shift.

Her speech resonated deeply with the young minds, igniting a spark of curiosity and determination. The author's ability to transform personal experiences into captivating narratives left a lasting impression on the students. As the session drew to a close, it was clear that Ms. Chauhan had not only shared her literary wisdom but had also instilled a newfound respect for the art of storytelling.





On the whole, this event was undoubtedly a highlight of the academic year, and we extend our heartfelt gratitude to Ms. Anujha Chauhan for inspiring the next generation of readers and writers and our heartfelt thanks to The American College for having invited us to be a part of the programme.

Ms Alamelu Priya

Faculty member

Reflections: From Students To Teachers... Lessons We Learn Everyday!



 \mathcal{J} t all started with a simple question from a student when I was chatting with students during their break period, but it left me reflecting on something much bigger.

"Ma'am, why shouldn't boys grow long hair?"

\[
 \alpha \] few months ago, one of my students, Dharun Karthikeyan, of 12
 \]
C asked this question. I replied that it did not look good, and pointed out that in professions like the military and police, long hair wasn't allowed.

But the student responded, "It may not look good to you, but for him, it might." This made me pause and reflect: Why not? Should we reconsider our rules in school?

Every day, we learn so much from our students. It's a true blessing to be a teacher, constantly exposed to new ideas and perspectives. How many other professions offer such continuous learning? It keeps us feeling young and inspired.

Our students are the future citizens of this world, and we must give them the freedom to explore and express themselves without fear. At Jeevana, we are fortunate to have a Chairman who, many years ago, established guidelines that encourage us not to scold or punish children. As Jiddu Krishnamurti wisely said, "Learning takes place only in the absence of fear".

By following Krishnamurti's principles, we nurture the natural curiosity of children, allowing them to grow and discover their true potential. Parents, too, should consider giving their children the space to bloom freely, allowing their unique personalities and talents to shine.

 \mathcal{L} et's work together to create an environment where students feel supported and empowered to be themselves.

Ms Padmavathi Principal

A tete-a-tete with the Headmaster of the batch of 2k24



Mr A.K Srinivasan was full of praises for the earnest efforts taken by the 12th graders to do justice to their role in discipline duty and had also done an impeccable job as Prefects. When asked about the Teachers' day participation, he was appreciative of the meticulous efforts taken by them. He went down the memory lane, reminiscing over the delectable moments with the batch, such as the Yercaud trip, where each student had turned up as early as possible unlike their usual attendance during school days. He also hilariously recounted the incident where the students were "secretly" preparing a gift for him, adorned with their fingerprints and how he utterly enjoyed breaking through each part of their surprise. He said that would miss them and their nature of glistening with a smile at all times in spite of him giving them a good mouthful. Finally, all that he wishes for is for his students to become good human beings in life and that this bond never ceases to exist.

-A special interview by Sri Vashini [Newsletter Reporter]

A special session with Dr.Neela Gowri [an alumnus]

Our school has consistently prioritized career guidance, recognizing the challenges students face in choosing their paths. As for class 11, numerous such sessions have been conducted throughout this academic year. Our distinguished alumni have been sharing their school experiences and unique career journeys, broadening students' perspectives, Our first speaker, Dr. Neela Gowri, impressed students with her remarkable achievements. She had cracked NEET exams in her first attempt and entered top medical college in Chennai.

Her excessive liking towards Physics and Chemistry made it easy for her to pursue her dream. When she was asked how much she loved her career, she said, "The journey has been incredibly rewarding. I'm grateful for the solid foundation laid during my school days. My love for Physics and Chemistry paved the way for a fulfilling medical career."

She shared her routine as a doctor, which fascinated each and every one. Sharing her experience on how she seamlessly coordinated her night shifts ,and the minor surgeries she had performed. It was mesmerizing to know her fascination towards surgery which helped her make a decision towards her next goal!

How come someone be this passionate about her career! I bet no one could have presented the positive side of medical careers so neat and crisp that it inspired many of us.

Ashwika.S Newsleter reporter

English Day: Grades 1 and 2

 ${\cal S}$ td I and II celebrated 'English Day' on 21st March, 2025 with great enthusiasm and creativity ,showcasing the richness and versatility of the English language through a variety of engaging and educational programmes.

 \mathcal{S} he event was aimed at promoting a love for the language among the students while enhancing their communication skills in a fun and interactive way.

Grammar Time: Children sharpened their grammar skills through the activities done in pronunciation, vocabulary and different parts of speech.

Poetry Time: In this segment children recited the classic poems of famous poets like William Wordsworth, Christina Rosetti, E.M.Frost, Rabindranath Tagore, to name a few. The poems were beautifully rendered through expressive voice modulation and actions. The skit and dances added more colour and vibrancy to the programme.

• Verall, English Day was a huge success leaving everyone inspired to use the language more effectively and creatively in their lives.





English Department, Junior section

Sales Day [Hosted by department of Math]

Post **SALES DAY**, organized for students of grade 8 , a group of Maths Teachers and the HM, Ms Premalalitha and the HOD, Ms Anitha Banu , visited the following Homes We visited the Grace Bird's Nest Orphanage at K.Pudur on March 20th at 11:00 am. There are 35 girls residing in the home, across different age groups. We explained the purpose of our visit and the use of our sale day funds. The girls were thrilled with the donated games equipm.ent (Rs 11,054) and expressed their gratitude. We visited the Happy Elders Old Age Home on March 21st at 2:00 PM. There are currently 15 elderly residents residing in the facility.







 \emph{W} e generously donated a Whirlpool refrigerator with a capacity of 184 liters, valued at Rs 15,000, to the home. In gratitude, the elders conducted a Pooja, offering their blessings and well wishes to us. We visited the Inba Illam Old Age Home on March 21st at 3:00 PM. This establishment is home to 35 residents. We contributed three foldable tables, valued at Rs 6,600, along with an assortment of groceries, including a 26 kg bag of rice and 5 liters of cooking oil, which amounted to Rs 3,990. A total of Rs. 37,085/- was donated from the sales made.

MAKE A DIFFERENCE COMMITTEE VISIT TO ST. JOSEPH'S BLIND SCHOOL, PARAVAI DATE: 10.12.2024

The day leading to our visit to St. Joseph's Blind School was chaotic in a good way. The boys of the Make A Difference committee roamed around the school in a desperate bid to procure the cardboard boxes to be filled with the items donated by the students of class 9 and above while the girls segregated the grocery items and toiletries stored in the Physics lab into various piles based on the product. I oversaw writing the inventory, which was an eye-opener for me as I got to know all the hard work that went behind the endeavours of the committee. We called it a day after packing all the items into various cases and discussing the agenda for the next day.

 ${\mathcal F}$ he day of the visit began on a note of toil, for we lugged all the boxes down 4 flights of stairs. Finally, we set off, after being wished good luck by Mr AKS . The trip to the school went on smoothly. The second we reached the venue, Ms Rochas instructed us to be quiet, for the students of class 10 were writing their quarterly exams.

 \boldsymbol{w} e offloaded the cardboard boxes and made our way to the ground where all the students of classes 3 to 8 were seated. The first thing that struck a chord in me was the way the students walked-they walked in hand-linked groups of 4, with the one with the most vision leading the group.

We greeted them and sang 'Twameva Mata' and 'Showers of Blessings' while they sang their prayer song in return. Then a couple of students demonstrated how they read Braille, by reading verses of 'Seyyul' and English prose. A little boy did a variety of sums using an arithmetic board while another tad did some impressive yoga. Ms.Muthu Mari, a visually challenged teacher showed how she uses her phone. Then I got to speak in front of them all and told them how better they were than us in terms of talents and discipline. After this, the students of the MAD committee conducted games for the kids.

Students of classes 7 and 8 participated in a GK Quiz while the other students participated in running races and ball throwing. The students of the MAD committee were running around segregating the teams, taking the timings, managing the children, and speaking animatedly with the little ones. The kids participated enthusiastically, for they answered the questions asked with ease and showcased the best of their athletic abilities.

Being the weird person I am, I sat down near a kid and told her a horrible joke. She, in return, asked me many riddles. To my surprise, 5 kids flocked around me and sat down. They chattered about everything under the sun, from their families to unicorns. That truly tugged at my heartstrings, for the kids with their seamless affection won my heart. I got talking to the faculty there and everyone told me the same thing- the kids there were more talented and smarter than us all.

Finally, I had the privilege of reading out the names of the winners of the games conducted. They got prizes. The children's unfiltered enthusiasm and happiness was a truly heartwarming sight. The Sister of St. Joseph's Blind School addressed and talked about Jeevana's decadesold connection with the place. Her rousing speech imparted very important messages of charity and kindness. Then she asked every kid to grab one Jeevanite's hand and lead us to their dining hall and show us how they navigate their way through the school.

 ${\cal J}$ chatted with the little boy who held my hand and when I told him my name, he recognized me as the one who announced the winners. That was the perfect ending to that amazing day.

 ${\it w}$ e boarded the bus, and we were back on our way to the school. It was an unforgettable day for sure, for it was filled with so many lessons and mirth.





K.Aruna (12 'A')
MAD committee

Terformance of Physics experiments by 11C

The atmosphere of the higher secondary auditorium was filled with zeal and wonderment as we, the class 11 students, gathered to witness the innovative physics experiments, about to be displayed by our fellow mates. As the event commenced, the auditorium roared with laughter and applause. Students came up with unique experiments inculcating physics concepts. The show began with the welcome address followed by demonstrations of experiments involving physics concepts such as quantisation of music, waveforms, lissajous pattern, propulsion of rocket and a lot more, which were quite stupendous and captivated the audience. Though the students initially felt jittery about the working of their experiments, as the show progressed they were seen composed. As the show was drawn to a closure with the vote of thanks, our beloved Principal gave a shout out to their Physics teacher, Ms. Deva Kiribai and the students of 11C for coordinating such a magnificent show.

Rithika T Newsletter Reporter

A Victorian view of Thysics in action!!

The murmurs of the nonchalant assembly were enthralled by the infiltration of a guy who waved a 7-inch knife tranquilly. Beguiled as the audience stood, the adolescent experimentalists took their astute selves to the dais. A huge thud kindled one's attention, and we saw the savants searing the tuber beneath, but the potato kept a tight rein on refusing to change its somber state. This, the prodigious minds called "Inertia" — an ornate name for the refusal of entities to traverse. The ensuing troupe navigated through the podium's ingress with an infantile gadget — balloons.

 ${\it a}$ straw pierced through the density of the air, and off they let go of their hands. Bouts of air egressed with rapidity, catapulting the balloon upwards, and up, up, up it went, with our eyes driven by its expeditious ascent. This antagonistic and countervailing behavior of nature was coined "Action and Reaction."

 \mathcal{F} he next faction did not stupefy us with their selection of items, for they tore through the remnant ingenuity with the indispensable instruments of science — balls. A fist-sized tennis ball was placed at the head of a mammoth dribble ball and withdrew the assurance of their hands. We were caught in a similar upward propulsion drive as before, but this was short lived.

A pithy address by the sharp-witted unveiled the inviolable law of energy conservation. Hastened by the constraints of time, the concluding sect blew through the fringes of a paper, and it glided in the compactness of the air around it. The orators gave credit to Bernoulli, who laid the celestial law that reigns rigid over the fluids of the world. The session awakened the spirit of inquiry, which had been laid to slumber by the regurgitation of facts. The empiricist in me demanded the substantiation of anything ever told, and this fire, once ignited, cannot be tamed.

Creflo Joshua Newsletter Reporter

Saving the planet ,one day at a time.

 ${\cal J}$ he Environmental committee had been working hard with the intent of making our environment and surrounding a better one. Our major works were farm visit, planting saplings and compost making.

Farm visit was a fun experience on 12th July in which all the fellow committee members along with our teacher incharge, Ms.Bharani went to a farm. We learnt a lot about cattle and their byproducts. We were introduced to various Indian breeds of cows. We also met a lot of hens, goats, fishes and dogs. We were enlightened by the use of cow dung in fuel, biogas, vibhoothi, etc. We finally got to see a biogas plant which was exciting as we had learnt a lot about them in textbooks and had never seen one before.

The members of our committee also made the garden of our school more beautiful by adding flowering and decorative plants. Our school has a beautiful garden with a wide range of plants which we all love. Each member had planted a sapling and made the garden more green and colorful. This fantastic event happened on 6th July.

On the 23rd of January, our committee made two buckets of compost and one bucket of vermicompost. We used a lot of vegetable and fruit wastes along with coconut coir, coco pith, soil and a little bit of water for the initial process and we provided it the right conditions making a nutritious meal for our school garden by mixing it weekly and we were able to yield two buckets of compost. To the same concoction in another container, we added some earthworms and let them do their job! They did it and gave us organic vermicompost within a month. These were the few contributions of our environmental committee of batch 2024-2025.











Prarthana [XII-C] **Environment committee**

FELICIDADES 2K25: SNAPSHOTS from the farewell show hosted by grade 11.

































