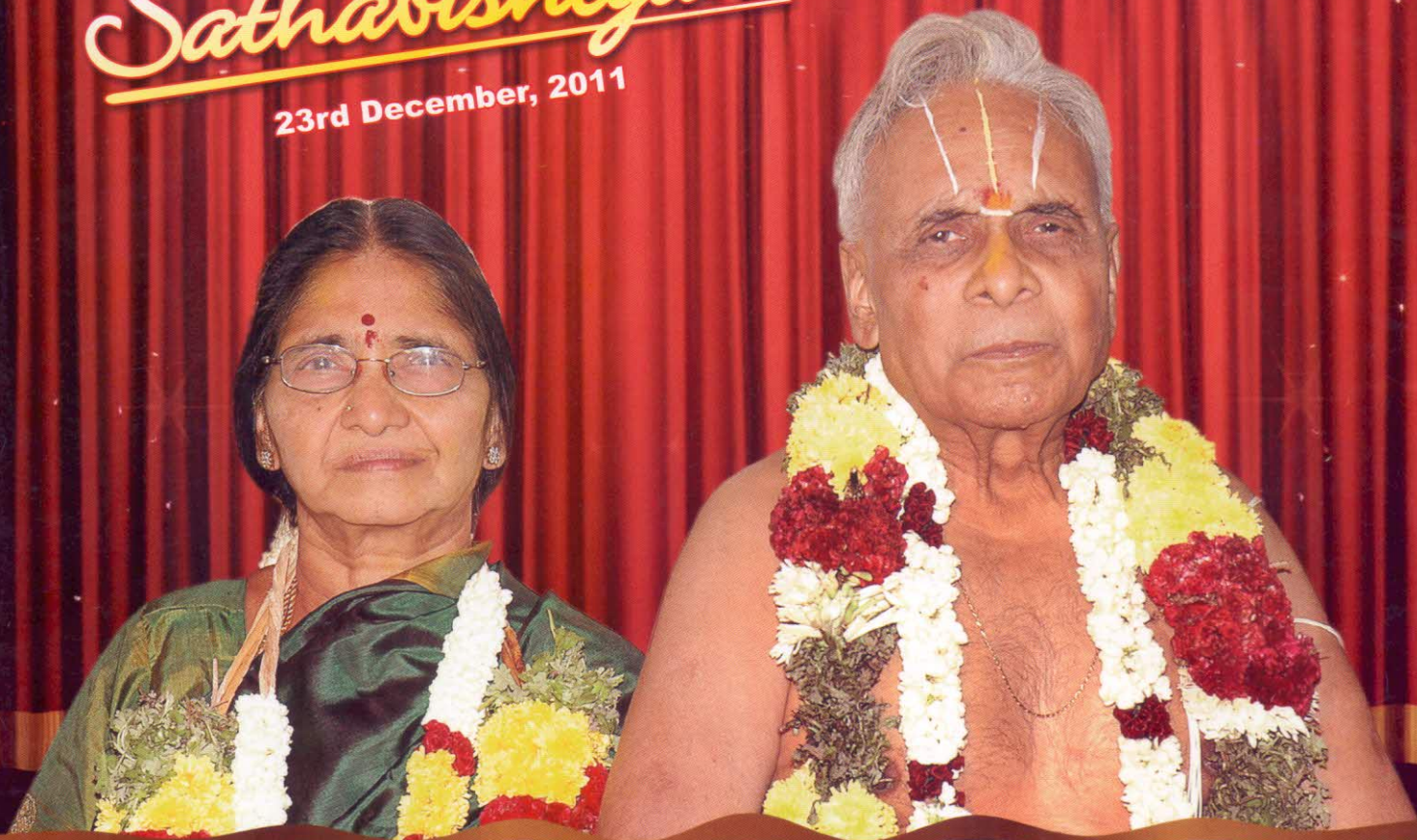


Sathabishegam

23rd December, 2011





JEEVANA NEWSLETTER 2011 - 2012



For Private Circulation only

FROM THE CHAIRMAN'S DESK

I am not sure if a number of parents are keeping a close watch on the progress of their children, though I am sure they are very interested. I am mentioning this after seeing the reports of the Heads and Principal about how the School diary is used. The School diary is prepared with great care and a lot of information on what is planned for the year is furnished.

Very often I hear of daily planner not completed. What is the daily planner? The child has to plan the School work of the day and indicate how much time is used for various activities like reading and written homework. If it is done systematically from a young age, the child becomes disciplined. There will be no scope for the child to come to School without completing the given work and the child also is ready for continuity of lessons. The child will not be stressed towards the Examination time if the daily planner is done systematically.

There are many other inputs in the diary like daily homework, field trips, Teachers' list, working days so on and so forth.

I have advised the Principal to organise counselling sessions, next year for parents who do not closely follow their ward's progress. Please attend the sessions and get your doubts and questions cleared.

In a day School, we cannot achieve much without the whole hearted cooperation of parents.

FIELD TRIPS

A field trip is a structured activity that occurs outside the school campus and it is an integral part of the instructional programme. Field trips provide participants with firsthand experience related to the lesson. They provide unique opportunities for learning that are not available within the four walls of a classroom.

Whether it is to a farm, a park, a market or just a nature walk, children can learn more about the world and how to interact with others when they are outside the classroom. It gives the teacher an excellent opportunity to show the student that subjects can be studied simultaneously and learning does not have to be an isolated experience.

Here are some brief profiles of our school field trips.

Standard II

A section of the students of Standard II – VSP, were taken on a field trip to the Textile Park near Vadipatti in Madurai district. The students were taken to a bedsheet manufacturing unit. Information was also provided to the students on how the modern looms produce fabric quickly and efficiently.

The children were then taken to another textile mill where the dress materials for pants and shirts were made. They were given inputs about the various processes involved in the manufacture of a dress like spinning, designing, stitching and ironing.

Another section of students of Standard II – Ponmeni, observed the process involved in doll making in Vilacheri. The place was overflowing with various dolls as it was the festive season 'Dussehra'. Some students bought a few dolls and took home with pride that they had experienced something to share with their parents.

Standards III and IV:

Students of Standard III – Ponmeni, were taken to Alagarkoil for field trip. The students were taken there to observe the hills, landscapes and sculptures. The students were excited climbing the hillock and were chatting throughout, in spite of their gasping for breath. Students saw the exquisite sculptures in the hall and other 'mandapams' of the temple.

The visit to the Parle G biscuit factory by the students of Standard IV – Ponmeni was the extension of the project planned regarding healthy food and snacks in place of junk food. The visit had resulted in strengthening the project 'Say no to junk food', a campaign to create awareness about healthy food, and also to write a report on their visit.

The students of Standards III and IV - VSP were taken on a field trip to a brick kiln – SRA Bricks Chamber – at Thuvariman. The labourers explained how the bricks were made. The students were taken inside the kiln where the bricks were burnt. Standard III students made a flowchart on the process involved in making bricks. Standard IV students made clay models of the brick kiln.

Standards V and VI:

Students observing the packing of saplings being readied for sale



The students of Standards V and VI –VSP branch were taken on a field trip to the Agricultural College and Research Institute, Madurai. The students visited the Bio-Control laboratory, where they saw papaya mealybug *paracoccus marginatus*, a small pest that attacks several plants like papaya, guava, potato, cotton, teak etc. They were explained that the Bio-Control laboratory of the institute has undertaken mass culturing of the papaya mealybug to control these pests.

The children also visited the nursery where they saw people packing the saplings. The students conversed with them and had an opportunity to learn more about the saplings.

A field trip is never complete without a follow-up activity, and hence the students were given soil and some seeds and were asked to observe the germination of seeds for a week. In the process, it was noticed that they had learnt about germination.

Each student with a sapling



A visit to Aurolab : Standard VIII

*Standard VIII students in the Meditation hall -
Dr.Nachiar's form*



At Dr. Nachiar farm in the green world - away from pollution



It is generally accepted that relevant, first-hand experiences are an essential factor of a basic education. Whenever it is possible to provide a practical environment, these experiences should be used to enhance learning. Often such experiences require students to participate in activities away from school campus. And of course, field trips provide learning opportunities as students employ themselves in exploring the places of importance. The things what the children have read about come alive as they are seen, heard, or even felt during a field trip.

We had nearly 130 exuberant students, set off from school about 10.30 a.m... After an hour we arrived at our destination, the Aurolab. Aurolab, a non profit organization which started in 1992 is a division of Aravind Eye Care System. The mission of Aurolab is to supply high quality ophthalmic products, eye care products at affordable prices to the vision impaired worldwide. The guide assigned to take us around the campus welcomed us with a smile in front of the lab. The school bus was parked inside the campus and then we walked around the campus in order to familiarize ourselves with the environment.

Dr.Nachiar talking to the students about Nature



To start with we all gathered in a hall and were given a warm welcome by Ms.Swetha.V, HR Manager. She gave a useful and informative speech about the lab. Then we were taken to various places inside the campus by the guide. The main interest was the artificial lake with beautiful settings around. There is also a swimming pool and a

Meditation hall which were endearing. We were one with nature. We all learnt how to keep the environment healthy. Students learnt about the 3R's..... Reduce, Reuse and Recycle. It was an opportunity for the students to enhance their knowledge and studies on healthy environment.

We once again gathered in the hall and listened to the speech given by Dr.G.Nachiar. The students were filled with stories of new and exciting things to share. We left the Aurolab after gaining much information. The significant ecological field study was left behind us as we moved towards our school. It was a really constructive experience for all of us.

Intellectual Combat – Young World Quiz Competition 2011

The most eagerly awaited and celebrated quiz of down south, the twelfth edition of the annual multi-city quiz contest “**The Young World Quiz 2011**” by **The Hindu**, had a mind-blowing opening on 10th October, 2011 at Raja Muthaiah Mandaram hall, Madurai by ace **Quizmaster V.V. Ramanan**. Around 20,000 students from 5,000 schools competed for the top honours in the quiz contest spreading across 16 cities of South India. At Madurai, around 135 schools participated and more than 1000 students turned up to participate and win the title. The contest was open for students from Standards VII to IX.

Mr.Sathya Prakash, the Super Singer Winner, was the Guest of Honour, who not only gave away the prizes to the winners but also mesmerized the students, teachers and the parents by his melodious singing. It was a glorious day when Siddharth Rao of Standard VIII and K.R.Vinod of Standard IX of our school bagged the regional winner's title which made them eligible to represent Madurai at the grand finale at Thiruvananthapuram.

Winners : K.R.Vinodh and Siddharth Rao Tharkeswar with Chief guest D.Sathyaprakash.



The finale of The Hindu Young World Quiz was held at the RDR Auditorium, Edapazhanji, on 14th November, 2011. More than 300 teams from various schools across the cities participated in the finals. The teams were judged on the basis of a preliminary round where the participants had to answer 25 questions.

Our trip to Thiruvananthapuram was awesome and pleasing. One of the rounds ‘Need for Speed’ was a nail biting experience and the team from Thiruvananthapuram reacted spontaneously and grabbed the title.

Ms.Vidhya

G.K.Teacher

Senior Section

VALUE EDUCATION CLASSES

Character and Self-discipline make human beings perfect. The initiative of building one's character as well as his/her self-discipline starts at home. Therefore Parents play a vital role in shaping the child's behavior and his/her character. The next step will be at school. Children interact in various peer groups and start adapting themselves to the situation. Now it becomes the responsibility of the school to shape the character of the child by inculcating values along with providing education. A child who is nurtured with values from childhood never deviates from that right track. Jeevana has always taken efforts in producing students who are not only good in academics but are also good human beings. "VALUE EDUCATION CLASSES" help us in doing this.

We follow the system of practicing one value a month. The pros and cons of the topic are discussed in the form of debate, role - play seminars etc. It was really wonderful, overwhelming and enthusiastic to watch the students, eagerly participating in all the activities conducted. A few values practiced this year are - Dealing with disappointments, Active Listening, etc..

Ms.Aruna Manikandan

Teacher,
Senior Section

APPRECIATING SENSITIVITY

It is important that all children are made aware of and familiarized with many positive traits that we refer to as values. Value education is to inculcate these essential values to students and help them to manage complexities. It begins at home and continues in schools.

Through storytelling, fun-filled activities and thought-provoking exercises, we can provide effective means for the children to understand and learn the basic values. The activity based learning engages the student in the process of constructing his / her own learning rather than passively receiving the information. After completing the activities, they think carefully about the things they can improve. Hence various activities were conducted based on several values.

Being sensitive is an important value in human for the peaceful co-existence, and today's children to some extent lack this important quality. Hence interesting activities based on value 'Developing Sensitivity' were conducted for the children.

These activities were greatly enjoyed by the children. The children were explained that being sensitive is showing empathy or appreciation of another's feelings. In the first activity, the children were asked to think about a memento or a souvenir from someone or someplace.

or a picture, book or magazine article that bring out sensitivity in them and were asked to share it with the class. As students shared their items, they were asked to describe them and their feelings about them. The students' reaction for each student's item showed their sensitivity and respect for each other. To make the students learn to work together in a cooperative and sensitive manner the second activity was given as a team activity. The students were asked to work in teams and express their ideas to create 'A creature Art Gallery'.

As parents play a key role in helping the child to learn values, the school sought the help of parents. The parents were asked to initiate their child to be sensitive by helping them to be aware of the surroundings. They were requested to appreciate and acknowledge the same by being liberal to their child's needs whenever they saw their child being sensitive.

It is sure that these activities will bring beautiful changes in the children if parents and teachers work hand in hand in teaching values.

Ms. Meena Dinakar
Teacher
VISALAKSHIPURAM.

MEDITATION AT JEEVANA

In this competitive world, where are we heading to – Preparing students only to write different examinations at school and at home? Are we doing anything to give them a healthy mind and body? Yes, here in Jeevana we give equal importance to academics and health.

To keep the mind calm we follow the habit of meditating daily for at least 10 minutes and also carry a small message along with it. Meditation is the art of learning to relax. It is a form of exercise which helps the mind to become calm, relaxes the body, removes stress and helps in self-improvement. After a hectic day, a day with a tight schedule when one's mind and body is tired, meditation helps to rejuvenate both.

There are mainly two types of meditation – religious (spiritual) and secular. Meditation that is followed in our school is 'light meditation' which is a type of secular meditation. This involves full focussing of mind by visualising a bright light entering the body and spreading gradually to the entire universe. This bright light helps in cleansing the impurities present in our body and filling it with positive energy. To bring this condition into practice students need to have a fully focussed mind, with good concentration. A full fledged meditation makes the students active again, thereby they are once again ready to perform their remaining activities with a good amount of energy and positive thoughts.

We also follow another type of secular meditation where the mind is taken to a pond of fresh cool water or a garden of flowers. The negative thoughts – the hatred, jealousy, enmity towards others – are washed out after a dip in the pond or a walk in the garden and refilled with good positive thoughts. This form of meditation helps in carrying a pure mind which extends love to others and accepts life as it is.

Not only the students, but also the teachers practice the art of meditation to have a stress-free life.

Ms. Aruna Suresh
Teacher
Senior Section.

CAMPUS HAPPENINGS – VSP

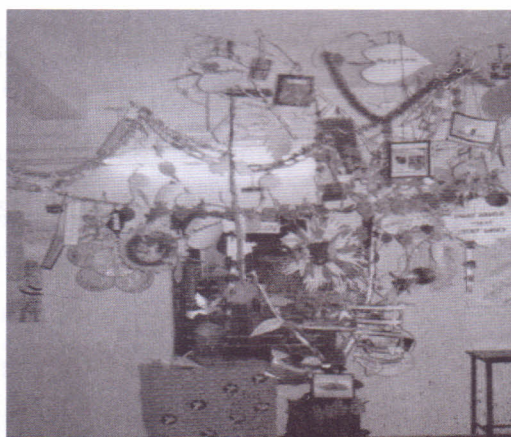
Peace

Peace is necessary for learning. The more personal peace there is, the more peace there will be in the world. If we raise the level of peace, our children will know what peace feels like.

International Peace Day *Peace Tree in VSP*



White dress says Peace, Children in VSP with white robes



Peace Day Celebration

The International Peace Day was celebrated on 21st September, 2011 with great enthusiasm.

A Peace Tree was created by our students with an effort to spread peace. From the day the 'tree' was planted, the students were taught values that showcased the spirit of peace. Each day the students adorned the tree with ornaments, symbols, paper crafts and messages on peace. On 21st September, 2011, when the world remembers this important value, students held a lantern with the peace symbol made by them as it is an ideal way to let everyone know the importance of lighting the spirit of peace. The students sang the song 'Light a candle for peace....' holding the illuminated lanterns prepared by them. Peace is a prerequisite to natural, curious and intellectual exploration. It is imperative that children are inculcated with the value of peace for a better future. Let peace prevail everywhere.

Activity done by students of Standard VI

Goldilock & the bears on the stage



Speaking is the most important skill that students should acquire and it is one of the factors used to assess their progress. With this intention, the students of Standard VI performed the skit "Goldilock and the Three Bears" on 19th October, 2011.

Prior to the skit, the students were given a writing activity. The story of 'Goldilocks and the Three Bears' was narrated to the students and they were asked to predict a different ending to the story. Based on the responses given by the students, a skit was performed.

Students of Standard VI were given an activity named 'Treasure Hunt'. The students were divided into teams and were given the clues in the form of new words. The team which found the meaning of all the new words found the treasure. The treasure consisted of three Oxford Dictionaries.

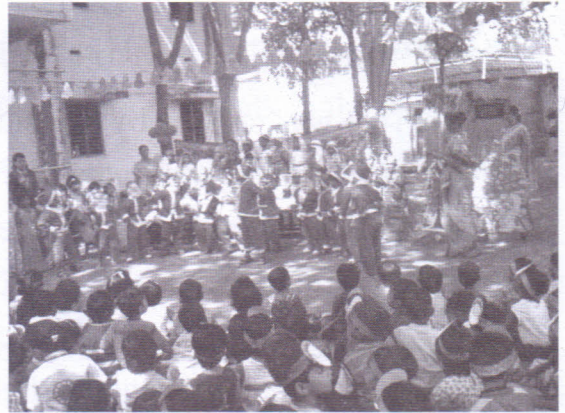
Dictionary Day - Children at VSP with the dictionaries they won



Christmas Celebrations

The Christmas Celebrations in schools bring cheer to every child. The activities like dance, painting, crafts and singing will improve the child's knowledge. The students of KG section did a Christmas presentation on 21st December, 2011. The children depicted the birth of Jesus Christ and sang Christmas carol songs.

Santa Clauses amidst VSP students - Christmas celebration



CAMPUS HAPPENINGS – Ponmeni

International Peace Day Charts, Paper bags, Pagemarks with message on peace



Wonderful work on Peace

Peace Peace everywhere



PEACE DAY CELEBRATION



Ronald Reagan said, "Peace is not absence of conflict, it is the ability to handle conflict by peaceful means." In this materialistic world, where we hear about violence day in & day out, we wanted to spread this message among students. Hence we observed 'Peace Day' on 6th August, 2011. Students were encouraged to paint on the theme, 'What peace means to you...', to design posters, to make colorful rangoli and make paper bags.

Children are universally seen as pretty creative, whilst adults struggle to recall "how we did it, all those years ago". It was amazing to see young minds come out with fabulous designs and ideas and with a surge of pride and joy, we helped kids exhibit their cute creations. If only we can learn from kids, if we can regain their open wonder and talent, what new ideas we could bring into the world...!

Ms. Padma Chandrashekar

Headmistress
Senior Section

Language Presentation

Every individual has a special place for his mother tongue. To honour Tamil being taught as second language in our school, we had a presentation 'lyal, lsai, Nataka Vizha'. Students of Standards I to IV were delighted participating in debate, skits, songs and dances in praise of the language.

English being the language spoken all around the world, a lot of emphasis is given in teaching the basic skills of the language. The four important skills – Listening, Speaking, Reading and Writing – are dealt in an interactive and innovative way to mould our students and strengthen their language skills.

Students of Standards III and IV have been introduced to the art of preparing magazine by explaining its features. The presentation was a review of the salient features of a magazine comprising of stories, poetry, interesting facts, advertisement, picture talk, interview, book review, and riddles.

Environmental Science Presentation - Standards I and II

Festivals are a source of happiness for all of us. The students expressed that though the people of India speak different language, follow various customs and celebrate various festivals we are bound by love and tolerance. Children dressed up as National Leaders kindled the feeling of National Integration and 'Unity in Diversity'.

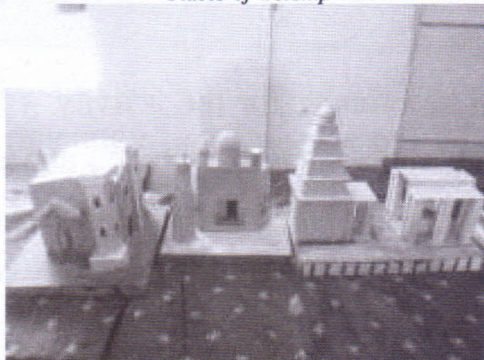
Students representing various Indian states



Science Exhibition

'Sci-Palooza' in our school by the students of Standards III and IV was a very exciting experience for the children. The exhibits at the exhibition displayed the students' innovative techniques and scientific thoughts. It expressed the process of being inventive and creative, thinking outside the book and enjoying science.

Places of worship



Phases of the moon & solar system



Social Exhibition – Whizkids' Glimpz

The students of Standards III and IV were encouraged to study, create a subject and design the exhibit. Exhibits like a model of Qutab Minar made of chalk, models on the places of worship of Hindus, Christians and Muslims instilled the importance of religious tolerance and our country's unique feature. The programme ended with A.R. Rahman's 'Jai ho' song displaying the spirit of patriotism in every one.

Student's interaction in social exhibition



At such presentations and programmes, the teacher-student interaction increases; where the teacher understands the knowledge of a student and students too understand their teacher's quality and interest.

Role Play – An activity by students of Standard IV

A role play is a highly flexible learning activity which has a wide scope for variation and imagination. The lessons are taught in the form of role plays to develop the communicative ability of students. The main aim was to develop fluency in the language, promote interaction in the classroom and increase motivation.

Throughout the presentation, the students showed enthusiasm and a sense of fairness – listening to others in the group to express their views.

We want our students to gain fluency and accuracy in oral presentation. It was planned to stimulate and facilitate the use of spoken English. It proved to be an interesting challenge when teachers make the effort to explore a variety of approaches.

Writing a Recipe

It was explained to the children how reading and writing can help us do things or make things. How do we know how to cook a meal that we have never made before? The students were taught about the different things that make up this kind of writing.

The students were eager to prepare sandwiches.

Every student made a list of ingredients to be brought for the activity – bread slices, vegetables, coriander leaves, chutney, cheese slices, jam, butter etc., and prepared the sandwiches very carefully and interestingly. They shared the sandwiches prepared by them with their classmates and teachers with pride. The students learnt writing recipes and giving instructions using imperative sentences.

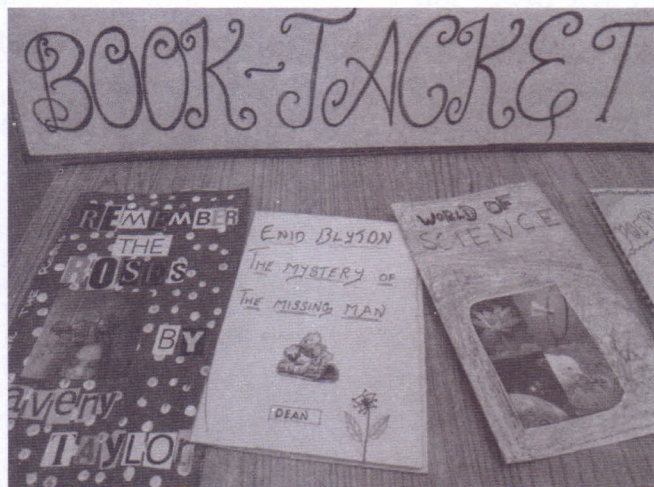
Newspaper in Classroom

A newspaper in the classroom improves student vocabulary skills, increases knowledge and encourages a positive attitude toward learning. The students were introduced important terms like Headline, Column, Reporter, Issues etc., for a few classes, the students were encouraged to review the different sections of a newspaper and discuss the type of information that can be found in each one. The students were insisted to read newspapers outside the classroom.

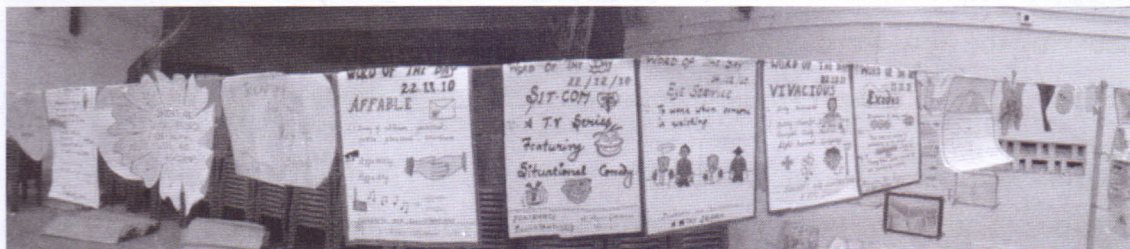
The students were given an opportunity to understand the functions of reporters. During break hours a group of budding reporters from among the students interviewed other students regarding their snacks. They learnt to pose questions and report the information they had gathered. They enjoyed this activity with more enthusiasm and inquisitiveness.

English Week Celebrations

English Day - Students engrossed in the world of English



English Day



The English week celebrations culminated on the 21st of December, 2011 with an extended assembly presentation and a display of all the chart works done by students.

Charts were based on grammar, mind mapping and original poetry writing. Placards had themes of Civic Sense, Conservation of water, Reading and Spoken English. Quizzes were based on adjectives, nouns and homophones. Students of Standard VII created

book jackets of books read by them while students of Standard IX created original book jackets based on their lessons.

Audio visual classes included Vocabulary based on sounds and British and American English. Each section of every class was asked to prepare a Magazine which would be evaluated by judges. Every student had to contribute towards a page and Editors were appointed.

The assembly presentation had a book review an audio visual quiz and interaction comprising movie trailers based on books and dumb charades based on homophones and heteronyms.

Word of the Day

Today the world is a global village. English is the lingua franca everywhere. Competition is increasing everyday, even among children. And there's peer pressure too... In this back drop, isn't it obvious that we need to improve our WORD POWER?

With this in mind we decided to introduce one new word or phrase or idiom on three days a week during assemblies. The students do learn new words in their lessons everyday. So we had the challenge of doing something different so as to enable the students to retain the words in their minds for long.

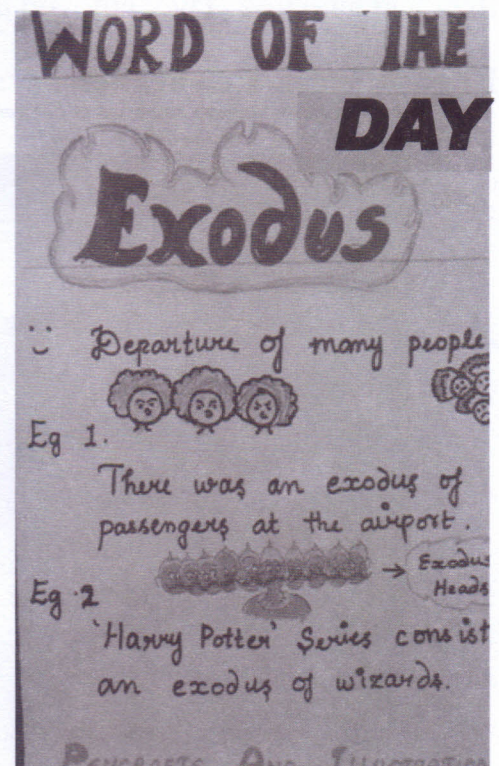
As against learning words in class, the children like the idea of learning something as a whole school (5th - 12th). So, we may sometimes find a student of Standard VII discussing the new word with one of his / her juniors.

The teacher concerned also finds it heartening, when students come running to find out more about the word.

A few students are involved in preparing a chart which contains not only the word, its meaning and usage, but also a nice creative caricature to drive home the meaning very clearly.

While one may wonder how learning just 3 words a week can make a big difference to one's vocabulary, our purpose is to mainly create an awareness and an interest among the students about the need to learn new words. When the students realize by themselves that

Word of the Day - Visual introduction



increased word power will not only make them look smarter but also help improve their 'cool quotient', they will automatically take to learning new words with a renewed vigour.

Leo Club

The fourteen year old Jeevana Leo Club had its solemn fifteenth installation ceremony on 20th July, 2011.

So far the Leos have done three massive Service Projects. The first Service Project done to the 'Abode' was a thriving project in an orphanage where prisoners' children and ex-prisoners' children are housed. The second project marked the celebration of Diwali, on 20th October, 2011 at 'Birds' Nest' – a girls' orphanage where girls from five years to twenty years are protected. The third Service Project venture was our visit to 'Inba Illam' – a home for the aged on 16th December, 2011 as Christmas - New Year celebration event. The purpose of our Leo Club is accomplished in all the three Service Projects.

Milieu - Plastic Roads

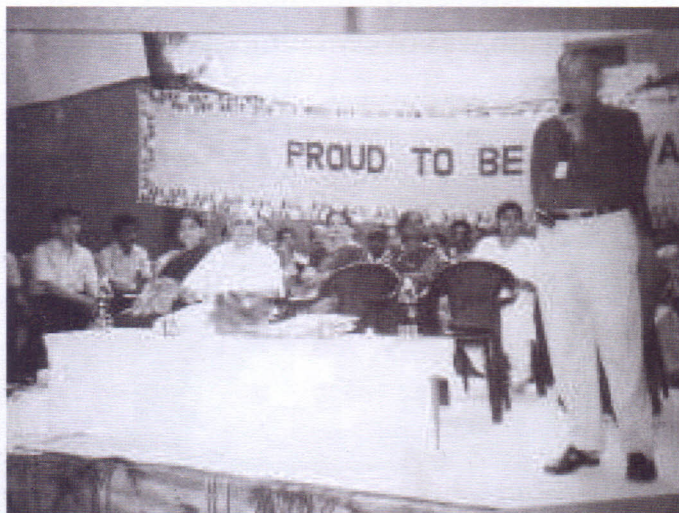
Plastic is everywhere in today's life-style... from packaging, protecting, serving and to disposing of all kinds of consumer goods. It is a biohazard product and a curse today, as it is not easily disposed of and remains unchanged in the ecosystem, causing environmental problems.

The visit of Dr.R.Vasudevan, Dean, Department of Chemistry, Thiagarajar College of Engineering, Madurai,

motivated the students to utilize this waste product for a constructive purpose. Dr.R.Vasudevan provided one of the solutions to waste plastics. He said that the waste plastic can be reused productively in the construction of roads. He introduced the use of waste plastics to construct better, more durable roads which require a lesser use of bitumen; decreasing both the cost of constructing the road and the maintaining costs, as the necessity for maintenance decreases.

A lesson was learnt from the speech of Dr.Vasudevan. The students of our school were inspired by the speech given by him on his "Plastic Tar Road Technology". The students of higher secondary classes made special arrangements for collecting the waste plastic

Dr.Vasudevan addressing the gathering



such as carry bags, cups, packing materials used for biscuits, chocolates, etc., to be used in the construction of plastic roads.

Trade from Trash: Art from Waste

There is one word that ten students of Standard XII of the 2011-2012 batch will never find ordinary any more... 'CHANGE'. It sounded as just one big, funny idea at first – the kind that usually occurs to people who just can't be in a place without making things a little more interesting around them. Well... funny or not, that's what they did. These ten girls decided to form a team that would work for the good of the society and make a difference somehow. Now that was the big part. They chose to call themselves 'CHANGE' an acronym for "Citizens Helping A Nation Grow Extensively".

They wanted to organize an exhibition. It was a sales exhibition and they had displayed thing like bags, bowls, spinning tops, vases, stands, wall hangings, pencil art, paper weights, key chains, CD's, a compilation of their own poems, bookmarks, ear rings and many things made out of paper mache (about 200 products of all sizes and kinds). The students who visited the exhibition were enthusiastic about buying and by the end of the day, the CHANGE team was overwhelmed with joy.

CHANGE - The Girls who brought the change



Art from waste



They had managed to collect about Rs.2,200. They had also won Rs.6,000 in an on-line video contest, which they donated to the Muscular Dystrophy Foundation India, a trusted NGO that works selflessly for children suffering from muscular dystrophy.

The students discovered the talents that had been lying dormant in them for long and what they once considered as a childish, playful venture is now an unforgettable part of their school life. Now whenever they say, "We are the CHANGE Team" they say it with pride, for who knows... they might just go on change the world for the better, after all!

Campfire

A campfire is a fire at the campsite. The fire is usually set in a fire ring in the campgrounds. Campfire is a great activity as it gives students a chance to be with their friends.

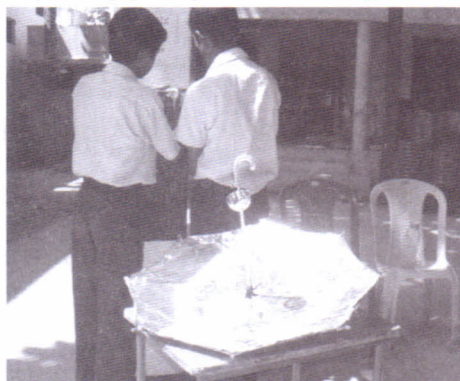
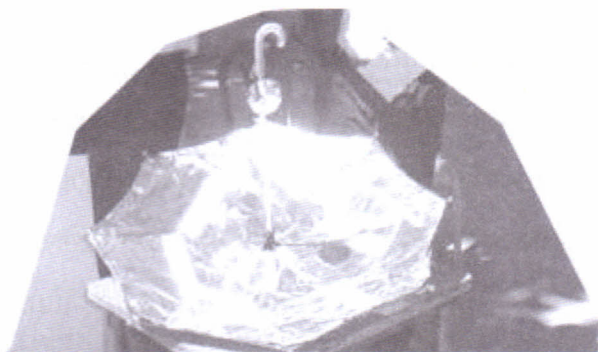
The campfire was conducted at Jeevana on 7th January 2012 for the students of Standards VI of VPS and on 4th February, 2012 for the students of Standard VIII – Ponmeni. The main reason for organizing a camp fire was to make the students take part in the activities, and to teach them the value of sharing.

The activities and games played around the campfire was a fun adventure for the students and teachers. The children enjoyed the thrill of the campfire which they will remember for a long time to come.

Science Exhibition

The Science exhibition conducted on 25th and 27th January, 2012 by the students of Standards V to IX aimed to create awareness on science. The exhibits provided an exciting experience of creativity of children, innovations through improvisations of science kits, and various devices and models like Wind Mill generator Elevator, Rain Gauge, providing solutions to many present and future socio-economic problems particularly those confronted in the rural areas, using available materials and local resources.

Save energy - use Natural Resources - Umbrella with a layer of silver paper to produce solar energy.



The exhibition helped children to learn from each other's experiences and motivate them to design and develop something new and novel. It also provided a medium for popularizing science and increasing awareness among the students regarding various branches of science. Models on Metal Detector, Siphon Capillary tube, Ozone depletion layer, Respiratory System, Information based on bio chips, DNA finger print, endemic species and demonstrations in crystal formation and the volcanic pens inspired everyone. The model of 'Rocket Launching' was the most eye-catching one. The students develop more positive attitudes towards science by participating in such exhibitions.

Young Astronauts getting ready to launch a rocket.



ANNUAL DAY CELEBRATIONS

VISALAKSHIPURAM

When lessons are made a part of life, children make it a part of their living too! An effective way of inculcating values in children is by creating awareness of the virtues within oneself as one moves on in day to day life.

We have value based classes that throw light on a value each month. To make value education a part of their day to day activity we involve parents too, so as to encourage them even at home and not just at school. The importance of these values was reinforced in the Annual Day Programme where the events were based on virtues.

The Annual Day of Jeevana, Visalakshipuram was celebrated on 26th February, 2012. The Annual Day theme was THEE, meaning You - the Almighty, showcasing the various aspects of the divine virtues within us. Teaching virtues is an important aspect of educating children. These virtues are the firm foundation upon which a full and worthy life is built. It is the foundation from which relationship with God is established.

The annual day programme had a series of plays, dances, and dance dramas based on the various virtues that we possess. The first and the foremost virtue depicted on stage was the prayer song with an invocation dance. Then came the variety entertainment with performances like dance drama of honey bees depicting meticulousity, Yoga depicting flexibility. The audience were enthralled by the various dances like the clown dance depicting humour, peacock dance depicting beauty, Karagattam depicting intuition, and the fitness dance depicting enthusiasm. These kept the audience spell bound with their colourful costumes and dazzling performances. The Hindi skit on contentment, the English skits on gratitude and determination, the Tamil skit on wisdom and the Shakespearean play 'Taming of the Shrew' portraying assertiveness fascinated the audience as the dialogue delivery by the students was excellent. The programme was a grand success and the audience enjoyed every moment of the programme. We are sure the children will carry the lessons based on virtues, with them for life.

Ms.Meena Dinakar

Visalakshipuram

PONMENI

K.G. Section

Our KG Annual Day was held on 4th March, 2012. Each and every student was given a chance to perform on the stage. Children of this young age learn about the environment around them through such programmes. It is an extension of our class room teaching. All the programmes were based on nature and the world they see around them. Children were looking pretty in their dazzling costumes. The programme consisted of a fusion of Ballet and Bharatnatyam, Butterfly dance, a presentation on seasons and many aspects of China. The prayer song by the Pre KG kids 'Dialling to God' was the highlight of the programme. All in all it was a whole package of fun and entertainment.

Ms.N.Rajalakshmi

Headmistress

KG Section

Standard I & II

When family bonds are crushing under Internet, TV and other media attractions children long to compromise the comfort and warmth from their grand parents especially listening to their stories. The performance of Std I & II was planned in such a way to fill in the void with the theme "timeless Tales". Stories were chosen from Jataka, Hitopadesha, Akbar & Birbal Tenalirama and Panchatantra. No wonder children enjoyed performing it on stage as it was very much relevant to their age group. All the students enacted the plays with much involvement and enthusiasm. Especially we could see their joy while depicting the animal characters. The fast beat songs with colourful, Costumes stole the show. The audience were mesmerized by the 'African safari' and 'Dol Vagya'. The dance drama Andal Bhakti was mind blowing and everyone was awestruck with the performance of the children who played 'Andal' and perialwar. Such an expressionistic and dedicated performance at the age of seven is incredible. All in all it was a total entertainment package.

Ms.Nalini Sridhar

Headmistress

Junior Section

Standard III & IV

The theme of our Annual Day this year was Enid Blyton for III std and 'Rabindranath Tagore' for IV Std. Few stories of the writers were selected and they were typecast into short skits and children were trained to enact them for IV std beautiful songs of Tagore's Rabindra Sangeeth were chosen and children were trained to dance rhythmically. Ekla

Enid Blyton and Paga Hawa were the highlights of the show. 'Kabulwalian' drama brought out the true emotions of a longing father from Afghanistan. The tamil skit comprised of the important incidents from the life of 'Tagore'. Mr.Meddle, fly away money from Enid Blyton were very well portrayed with a tinge of humour. The story from famous five series was a real mystery thriller. We could see emotions and joy brimming from our children everytime they were on stage. The dance drama was a feast to our eyes with the girls in their wonderful costumes. They brought out total divinity on stage through their expressions and scintillating performance. Language skills of the students are brought out through this occasion.

Ms.K.S.Mythili

Headmistress

Junior Section

Standard V & VI

On 18th February the children of V and VI took the opportunity to show their creativity, intelligence and enthusiasm in every way.

Based on Vivekananda's Motto, our Jeevana succeeds in bringing harmonious development by building the head, heart and hand of our children in an organized way.

The western dance by the children of class V was really a feast for the eyes of the audience and an appreciable one.

Here, we should appreciate the faculty's effort taken in bringing out such an extra-ordinary performance by the excellent choreography with good creativity.

The classical dance was a highlight of the annual day which was awesome and heart-throbbing. The parents were very happy to watch their children performing in high-trend costumes in all the programmes. The folk-dances by V and VI children depicted our tradition.

The theme 'Intelligence wins' being the central idea in English, Tamil and Hindi skits was presented with wit and humour. Yoga students not only created awareness but also proved that they are no lesser in maintaining good health.

The diction and the pronunciation of our little children hosting the programme added pleasure to the audience.

Each and everyone carried heart filled happy memories with them. We are very proud to say that we made a difference.

Ms.Srikarunya

Teacher

Senior Section

A CHRONICLE ON OUR ANNUAL DAY

The Annual Day programme for Standards VII and VIII was held on, 19th February, 2012 in the school premises. The event was named “Navarasam” which in Sanskrit means Nine Emotions in which Nava signifies nine and Rasa signifies Emotions. The nine emotions included in Navarasa are Shringara (love), Hasya (laughter), Karuna (kind-heartedness or compassion), Raudra (anger), Veera (courage), Bhayanaka (terror), Bheebhatsya (disgust), Adbutha (surprise), and Shantha (Peace or tranquility). These are the emotions that human shows according to the situations. The event was organized by the students of Standard VII and VIII.

Initially the function began with Prayers by the school choir followed by a Motivational Song. Next, prizes were awarded to all the meritorious students of ASSET and the best performers of the Talent Time competitions held in the school. Our correspondent distributed prizes to the students. The prize distribution was followed by various cultural programmes. Students of the school entertained the audience with some mind-blowing cultural performances. They showcased their talents by performing various presentations like dances, skits, dramas, mimes, songs on various ‘Navarasas’.

The students clearly brought out that human living has two sides. On one side lie poverty, ignorance and defeatist attitude and on the other lie extra-ordinary wealth, glory and tyranny and limitless ambition. It is important to balance the positive and the negative emotions to stay healthy. Their performances conveyed that desire lead to success and success make us happy. But this success will in turn lead to yet another vaulting desire, which ultimately may breed greed in us. And if our efforts lead to a colossal failure then the intense feeling of despair leads to anger.

Emotional balancing is very important in life. All ‘Navarasams’ were brought in with a message that if we want to change the world, first and foremost we have to bring over a change within ourselves. As Plato said, “The greatest victory is in conquering yourself”, we can be happy by replacing and controlling negative emotions with that of positive, and thus make others happy too.

The star attraction of the function was the Brahmotsavam depicting devotees delightfully showing their devotion and love towards Lord Vishnu. The Rudrathandavam, folk and western dance and the breath taking mime, drama among other entertainments kept the audience in thrill for the next two hours. The function successfully came to a close with the vote of thanks followed by the National Anthem.

Ms. Alice Juno

Teacher

Senior Section

TEACHERS' DAY PROGRAMME

The students always make a song and dance about teacher's day. It was the same this year. And dance they did! And how! The lithe, the smooth and the heavy boys, all rocked the stage and delighted the audience. The quickening heart beats of the audience came back to normal through some mellifluous singing by the nightingales of tenth std. A student taking on the responsibility of a teacher, was the theme of a delightful play involving the boys and girls. The humour in the play found favor with both teacher and students in the audience. But the highlight of the program was when a few teachers were chosen to take the hot seat on the stage. For a change, it was the students who were bombarding the teachers with questions. The questions were tricky, personal and relating to their childhood. If the students expected the teachers to be shy, embarrassed or uncomfortable, they were in for a surprise. The experienced professionals that they were, the teachers managed to field the questions with a lot of style and comfort. Some of their answers thrilled the students and laughter filled the auditorium. The program did make the day memorable for the teachers.

Mr.V.M.E.Dasharathy

Teacher

Senior Section

My Session with Standard XII students

I had a great opportunity to share my views and experiences on studying abroad with my students. Each individual has one's own preference and standard. Hence every individual differs from another. I gave a few tips to the students who wish to study abroad. One should know about the country chosen for the study, as its growth, climatic conditions, political and economical status may influence the students. It is essential to analyse the reason for choosing a particular country and gather enough information especially people's life style and living standards. By surfing the net we can get an idea about the leading universities which provide scholarships and job opportunities. The expenditure for the studies and stay has to be calculated and arranged in advance. Such information gathered well in advance will surely help the students to fulfill their dreams and reach the desired destination. At the end of our conversation many students got inspired and the wish to study abroad bloomed in every heart. They were all ready to get on board.

Mr.Sunder Rajaram

Teacher

Senior Section

GRACIAS AND AU REVOIR (Thanksgiving and Farewell)

Rivers merge into oceans and submerge their identities in the vastness having journeyed across various terrains and enriching them. In such a vein did our students of Class 12 culminate their journey with Jeevana with a marvellous Intra-School competition. The orderly manner in which they had planned and executed the show showcased their individual growth as students. And unlike the rivers that merge, these students forged their identities on 22.10.11 to express their gratitude towards the school through an event, aptly named as, Gracias. All students from standard 1 to 11 were eligible to participate in various categories. The massive participation among Students in numerous and diverse events ranging from Fancy Dress to Clay Modelling, Handwriting to Dance, Art from waste to General Quiz and many more tested the organizing capacity of standard 12, who rose admirably to the challenge. Due to the overwhelming numbers, preliminaries were conducted for most of the 17 different events that required it. The winners of the preliminaries competed with gusto on the D-day. The senior section auditorium was awash with dazzling hues, it being the venue for Rangoli. Art from Waste, Clay Modelling, Painting and Vegetable Carving were the other artistic categories that shaped the creative talents of students. Vocal and Dance events were a treat for our senses, while the Quizzes challenged the brains as facts and trivia were effortlessly vanquished by the participants. Dumb Charades, as usual, proved to be an exciting event as it evinced a lot of enthusiasm among both the participants and the audience. Top three winners in all the events in various categories were honoured with medals at the end of the day.

Having seen their seniors sparkle in action with their flawless Thanks giving, students of Class 11 were eager to give the departing seniors a fitting farewell on 18.2.12. A simple but diverse array of programs enthralled the audience that comprised the Chairman, the Correspondent, the Principal, the Advisor, the CE, Heads, Teachers, and students of Class 12. The show commenced with prayers, progressing to game shows, vocal performances, musical treats and dance performances. Game shows involved some tricky and interesting feats to be performed in a minute by groups of Class 12 students called on to the stage. The mellifluous rendition of popular songs by some students had all in a trance as deft fingers danced on the key board as an accompaniment. As girls trouped in to tap their feet in unison to a unique medley of dance beats, there was none in the audience who could escape the infectious rhythms. The loudest applause went to the dance performed by boys whose fast hip-hop steps captivated the audience. Overall it was a brief but memorable period of time for students and staff alike.

Jeevana wishes the batch of 2012 a sterling performance in the Board examinations and a blessed future ahead.

Ms.K.S.Lakshmi

Head of the English Department

COMPETITION DETAILS

P.Soundarya of LKG has won II Prize in Mini-Sub-junior - under 6 Gymnastics conducted by TN Artistic Gymnastics Champion.

A.Vikas of II - B - VSP has won I Prize in the Drawing competition conducted by KAK Child Care Hospital.

R.T.Mohitha of II - B has won I Prize in District Championship Tournament - Mini Cadet Girls - Doubles & in competitions conducted by Indian Medical Association, II Prize in competitions conducted by YMCA Salem & in I M.A. - Dindigul Cadet Girls singles & III Prize in I -MA Dindigul Sub-junior Girl's doubles, Girls singles & in competitions conducted by YMCA.

A.Prithivi Raj of IV - E participated in Karathe competition conducted by VI International Karathe Competition at Panaji.

A.Meenakshi of III - D has got centum in UCMAS Level 8

Abhinav Shankar of III-E has won III Prize in state level & Zonal level Yoga.

Akash of III - B has won I Prize in Tirukkural recitation competition.

Mansikantilal of IV - C I Prize in Drawing

S.B.Rakksha of IV - C won I Prize in Badminton & Classical dance, II prize in Drawing, slow cycling & 82% in Ramayana - I level

S.Veera of V - D is a Quarter finalist in Round Table mini cadet, winner - semi finalist in Mini cadet - Singles & winner in Dindigul Association State Level Tournament - Doubles & Singles.

T.Subbusundaram of VI - C has got 5.5 points out of 7 rounds in a competition conducted by AVN Trophy under 13 category & won I place in a competition conducted by Meenakshi Chess Centre.

Priyadharshini of VII - C has secured 5 points out of 10 rounds in - IACA Sadhasivam Memorial FIDE Rating-Chess Tournament; 3 points out of 9 rounds in FIDE Rated Open chess Tournament; 4 points out of 11 rounds in XXV National under 11 Chess Championship 2011; 4.5 points out of 9 rounds in KCF International FIDE rating chess tournament; Tournament conducted by Karur chess Academy - 4.5 points out of 10 rounds; 4.5 points out of 9 rounds in CDCA - RIDE rated Tournament; 5 points & 9 points in the tournament conducted by K.S.Subramaniya Iyer Memorial Chess Tournament.

A.S.Hariharan of VIII - D has got 5 Winner Prizes for the tournament conducted by YMCA, winner prize & III prize in PYKKA District & District competition respectively. III Prize in Inter District Table Tennis conducted at PSNA college; selected for State level & for National level, III place in National Match.

Supraja of VIII - A has won Bronze medal in PYKKA Team - match; Semi - finalist in South Zone Districts - under 13 - singles; Runner in South Zone; III in National Level open sub-juniors Tournament; Runner in District under 13 singles; winner in District under 13 doubles; & winner in District under 15 singles.



JEEVANA

25
YEARS
(1984 - 2009)

Milestones...

"Great things are not done by impulse, but by a series of small things brought together."

- 1984** Instituted on 15th June, 1984
- 1985** Second Section started in Chokkikulam
- 1986** First Section shifted to Pillaiyar Koil Street
- 1988** Std. VI onwards shifted to
Pasumalai Hill Crest
- 1989** Recognition as High School
- 1993** Recognition as Higher Secondary &
relocation to Ponmeni Jayanagar
- 1996** Relocation of Junior Section also
to Ponmeni Jayanagar
- 2011** Recognition from the University of
Cambridge for the CIE Primary Programme

MILESTONES