



# JEEVANA SCHOOL

NEWSLETTER MARCH 2008

## FROM THE CHAIRMAN'S DESK

With the completion of this Academic Year, we will be entering the 25th year of the school.

In these years, the School has grown from strength to strength and I think we have, to a great extent, achieved what we wanted.

We have been trying our best to apply some aspects of JK's Philosophy of Education such as avoiding comparison of children, ranking and unhealthy competition. The importance of avoiding all these is realized more & more by modern Educationists, too.

We have been talking of Child Oriented Education. Many of the parents who talk to us have expressed the feeling that we give personal attention to children. Even those who seek admission here indicate that one of the reasons for seeking admission here is the individual attention bestowed on children. To achieve this, Mentoring by Teachers is being done on a regular basis for the past two years, and this has borne good results.

Apart from the usual aspects of Education, ie, Class Room Teaching, Co-curricular activities and Games, we have introduced in our curriculum, Abacus, Mental Ability, Foundation and Training for AIEEE & AIIMS.

Abacus is done from Std. II to Std. V for all students and this course is helping children to be more comfortable with Mathematics. No homework is given in this course, as everyday Teachers ensure that the work is completed during school hours.

Mental Ability classes are done from Std. V to Std. X. This is mainly an extension of the Mathematics course which helps children to do logical thinking and analyse statement sums.

Foundation course from Std. VIII to Std. X strengthens the students' knowledge in the Sciences and Mathematics. The content and method lend scope to improve the creative and thinking ability of children.

All the Science students in Std. XI and Std. XII undergo the AIEEE / AIIMS training. This training enables students to perform better in their State Level Examinations and they also secure places in NIT Engineering Colleges based on 'All India Selection' basis.

The School will continue to strive to improve the teaching - learning process by introducing modern techniques. From 2008-2009, we propose to introduce the teaching of English, Sciences and Mathematics through CDs from Std. III to Std. IX. We hope this will create more interest in children. (The Teachers will present the lessons through CDs and then discuss.)

Asset is an agency which conducts various Examinations to help students to think and answer. We are planning to have this program for all the students of Std. III to Std. VIII, the coming year.

Compugen course for Computer Studies will be introduced from Std. I to Std. VIII. This is a course designed by Brilliant Tutorials.

The 'My kids' Phonic Programme introduced in LKG last year may be followed this year both in LKG & UKG. This is a computer based interactive programme which children enjoy.

In conclusion, I want to stress that the School will leave no stone-unturned to make the learning process interesting and enjoyable for children.

- M.S. Iyengar

It is the greatest of all mistakes to do nothing because you can do only a little. Do what you can. - Sydney Smith.



## JEEVANA CHRONICLES II AND III TERMS

- |     |  |                         |
|-----|--|-------------------------|
| 1.  | Peace Day (VSP)<br>It was celebrated in a tranquil way   | 21.9.08                 |
| 2.  | Thanks giving Day<br>A day to be grateful for all the big and small mercies of God.  | 8.10.08                 |
| 3.  | Ramzan (VSP)<br>Harmonious and peaceful co- existence was highlighted  | 12.10.08                |
| 4.  | Navarathri and Ramzan (Ponmeni Junior)<br>Religious harmony was portrayed beautifully  | 19.10.08                |
| 5.  | Golu (VSP)<br>Tradition and Modernity came together  | 19.10.08                |
| 6.  | Parent – Teacher Meeting<br>Parents met teachers and found out about the progress of their ward.   | 27.10.08                |
| 7.  | Diwali Celebration (Ponmeni Junior)<br>The festival of lights lit up the auditorium  | 5.11.08                 |
| 8.  | Diwali Celebration (VSP)<br>The glittering celebration ushered festivities in the lives of Jeevanites.                                       | 5.11.08                 |
| 9.  | Children's Day celebration<br>(VSP, Ponmeni Junior and Ponmeni Senior) Teachers regaled the youngsters with their Co-curricular talent       | 14.11.08                |
| 10. | Asset Exams<br>(VSP, Ponmeni Junior & Ponmeni Senior)<br>Asset Exams were conducted for classes 6 to 9 in their respective Branches.         | 10.12.07<br>to 13.12.07 |
| 11. | Annual Day (Class 8)<br>Ponmeni Senior Section sang to the tunes of a scintillating melody that was that day                                 | 15.12.08                |
| 12. | Christmas Celebration (Ponmeni Senior)<br>Class X entertained one and all with a short but lively set of programs                            | 21.12.08                |
| 13. | Christmas celebration (VSP)<br>The Occasion was marked with gaiety and solemnity   | 4.1.08                  |
| 14. | Christmas along with Pongal celebration<br>The day of the Saviour was marked with joy peppered with the bounty of the harvest season         | 10.1.08                 |
| 15. | Republic Day Celebration<br>Republic Day was celebrated with the honouring of the Flag and a performance by the students of VSP and Ponmeni. | 26.1.08                 |
| 16. | Unified Council Exam (National Level)<br>Selected students wrote the exams to prove their mettle   | 27.1.08                 |
| 17. | Unified Council Exam (State Level)<br>Selected students wrote the Exam to excel in various Subjects  | 3.2.08                  |
| 18. | Annual Day Celebration (VSP)<br>VSP students till Class V enthralled us all with a delectable mix of programs                                | 23.2.08                 |
| 19. | Noor-ul-Islam – Exam.<br>The Institute conducted a Scholarship Exam for brilliant aspiring students.   | 24.2.08                 |

What lies behind us and what lies before us are tiny matters compared to what lies within us. - Ralph Waldo Emerson.



## LEO CLUB

The 11th Installation-ceremony of our Jeevana Leo Club was celebrated in our school on 28th June, 2007 in with the morning Assembly.

The Scripture says, "You are the light of the world. A city that is set on a hill cannot be hidden. Nor do they light a lamp and put it under a basket, but on a lamp stand; and it gives light to all".

Our beloved Principal, Mrs. Nirmala Visveswaran who is our source of encouragement right from 1999 (from the infant stage of our Leo Club) lit the kuthuvilakku and blessed us.

"Let your light so shine before men that they see your good works and glorify your Father in heaven".

As per our Chairman, Mr. M.S. Iyengar's instruction that the Jeevana Leo Club should focus on the physically challenged, socially under privileged and the Old, our Principal with the same attitude towards the afflicted and down-trodden encouraged us to do the charitable deeds.



### I PROJECT

Our First Service Project was done on 6th November, 2007. Our Jeevana Leo Club celebrated Diwali in "Birds Nest" an orphanage for girls between 4 and 22 years. We donated Diwali sweets, new dresses, crackers, stationary things and gifts. The children felt so delighted to have us with them for a couple of hours.

### II PROJECT

Our 2nd Service Project was on Children's Day on 14th November, 2007. We went to Madurai District Polio Home for girls. We met the polio afflicted children (classes 3 to 12) who are accommodated there.

We provided them with bathing towels, soaps, dresses, sweets, cakes, biscuits and stationary items. Our Leos gave extra happiness to those physically challenged children on Children's Day.

### III PROJECT

Our Third Service Project was on 19th December, 2007 to "Inba Illam" Old Age Home. Our Leos celebrated Christmas & New Year with the inmates of the Old Age Home.

Our Leo President, Vasudha's (Std. XI) father, Mr. Seetharaman donated new sarees

The depth of darkness to which you can descend and still live is an exact measure of the height to which you can aspire to reach.. - Laurence Van des Post.



and dhotis to all the inmates.

Our Leos presented plastic buckets and dippers to all the inmates along with snacks. The old people blessed our Management, Principal and children for remembering them every year, visiting them and entertaining them.

The school children, Headmistress, Mrs. Padma, other teachers donated and enabled us to do these service projects well, which indeed reached out to the needy.

The Leo Club thank our beloved Chairman, Mr. M.S. Iyengar and Our Principal, Mrs. Nirmala Visveswaran for the immense and constant encouragement.

**- Miriam Benedicta Suriya Devi**  
LEO ADVISOR

## A GLIMPSE INTO BIOLOGY DEPARTMENT

The children of Class VIII presented a project with the topic, "Bio-diversity of Jatropha monoculture, Man Made Eco System & Natural Eco System" for National Children's Science Congress, 2007 on 18.11.2007. This project was chosen in the District Level and the same was presented on 1.12.2007 at Crescent Engineering College in the State Level National Children Science Congress 2007.

A Science Exhibition was organized by Headmistress to mark National Science Day on 28th February, 2007 in our School. The following, are some of the interesting projects: U Niveda – Class VIII presented a project depicting the "Diversity of Vertebrates" which drew the attention of everybody including the Press reporters.

Naga Sowmiya grew Maize Plant as part and parcel of her Leo Club activity. The plant bore baby corn. The advantages were well explained with the plant and its yield.

Steve Victor of Class VI collected a moulted snake skin of seven feet, mounted it neatly and exhibited.

"Poultry" is set up and compared with "Cloning" technique by Taufick of VII and Niveda of IX.

"Sequestration of CO<sub>2</sub>" model done by Raja Rajeshwari of Class IX'A' was well appreciated.

The "balanced diet" was well explained by Kamini of Class VI.

Asfaq of Class VI had explained food chain so well.

The "National Science Day Celebration" was a grand success.

**- BIOLOGY DEPARTMENT**

Courage is fear that has said its prayers. - Dorothy Bernard



## BULLETIN-BOARD

### PARENTING : CHILDREN AND ANGER

We know that raising kind and courteous children requires much more than modeling-polite behaviour. A good night's sleep, along with healthy eating and exercise, is the crucial third leg in a child's health triangle says Rafael Ph.D. Long overlooked lack of sleep is now considered a key contributor to children's behaviour problems and physical well-being. Studies have shown that kids who don't sleep enough are inattentive, restless, irritable, and more likely to injure themselves. During the deeper phases of sleep, energy is restored, damaged tissue is repaired, and growth hormones are released.

Researches say, genetics play a role, but a child's environment tends to dictate how "mean genes" affect behaviour. An aggressive child is more likely than a mild-mannered one to have poor impulse control and judgment, and less likely to understand that hitting and kicking aren't the best ways to express himself when provoked or stressed out.

The biggest indicator of whether a child will be aggressive, though, is his/her family. The more physical the punishment meted out, the more conflict, tension, and poor communication between parents and other members of the household and the more aggressive the child living through it can get. If a child's temper flares up constantly-both at rest and while playing with friends-trouble could be brewing. Some parents might be tempted to allow this kind of aggressive behaviour, thinking that it's a good way for kids to let off a little steam. "It actually does the opposite, because once they're aroused, it can take you twenty minutes to calm down", says Patrick Tolan, Ph.D., director of the University of Illinois at Chicago's Institute for Juvenile Research.

Too much aggression can even be bad for kids' health. A recent study in two countries show that hostile children and adolescents are up to 300 percent more likely to become obese, insulin resistant, have high cholesterol and high blood pressure.

To calm extremely aggressive behaviour experts suggest that you try to figure out what's behind the anger. If it happens only at home, run through possible triggers. Your child may be railing against an over busy schedule or lashing out over a big life change, such as moving to a new place, house or school. If his / her aggression plays itself out mostly at school, talk to the teacher to see if he's having trouble with her school work. Or go directly to the source. Talk to the child about what's been bugging him. If you can do this without being judgmental he'll appreciate that you're willing to listen.

It's important to set limits. Make it clear that aggressive behaviour, particularly the type that hurts others, is not acceptable. (It's hard on mothers when their kids' aggression hurt others.) Show your child appropriate ways of coping with frustration-like taking a deep breath, or lying down on his bed and resolving conflicts on his own. Raising alternatives will help him see there are other options he

Daring ideas are like chessmen moved forward. They may be beaten, but they may start a winning game. - Goethe



can use. Teaching empathy (feeling with a person, sympathy-feeling for a person) can also go a long way in helping a child turn negative social behaviours –like bossiness and bullying into more acceptable ones like including other kids at playtime and being concerned for their feelings.

Also pay attention to the child's exposure to movies, music, video and computer games with questionable content. But don't freak out if he plays such games every once in a while. Violent viewing can be linked to aggressive behaviour, but it's not the sole cause of it. What's more important is that you talk to him about the messages such movies and games may be sending, and remind the child there are other ways to handle similar real life situations.

Growing minds take in everything around them, with the right mix of understanding and guidance you will be amazed, what a big difference small changes can make, evening a toughest little bully.

**HANNAH VICTOR**

JEEVANA SCHOOL COUNSELOR



## OUTSIDE COMPETITION - VSP

- The World Shotakan Karate – Do Federation of Tamil Nadu.

Annual Intensive Camp and The Inter WSKF School Level Karate Tournament S. Sanjay Krishna of VI has got 2nd place in Kata in 8-12 years of Age Group.

- Madurai District Yoga Association.

### DISTRICT YOGA COMPETITION ON 14TH OCTOBER, 2007

Peri. S. Arunachalam (IV) VSP	- Forward bending	- I Prize
J. Charumeena (IV) VSP	- Twisting	- II Prize
M. Kameshwaran (VI) VSP	- Balancing	- III Prize

### MAX. NEWYORK LIFE INSURANCE PAINTING COMPETITION

D. Arvind Nirmal, Std. II	- Second Place
R. Nithya Kalyani, Std. III	- First Place
R. Shanker Mahesh	- Second Place
S, Sarath Kumar	- Consolation
R.Hema Karthiga, Std. IV.	- First Place
A. Manisha, Std. V.	- Second Place

Before you criticize someone, walk a mile in his shoes. That way, when you criticize him, you'll be a mile away and have his shoes.  
Unknown.



## **LALITHKALA ACADEMY OF FINE ARTS EDUCATION SECOND NATIONAL LEVEL CHILDREN'S ARTS COMPETITION, 2007.**

S. Mahaswetha, LKG	-	Second Prize
S. Sarath Kumar, Std. III	-	First Prize
J. R. Renit Kanivu, Std. III	-	Second Prize
A. Manisha, Std. V	-	Third Prize

## **GITA NATANA GOPALA NAYAKI MANDIR 165TH BIRTHDAY OF NAYAKI SWAMIGAL MUSIC COMPETITION ON 9TH OCTOBER, 2007**

V. Dhanvanth Raj, Std. IV	-	First Prize
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## **POWER GRID CORPORATION OF INDIA LIMITED**

### **PAINTING COMPETITION ON ENERGY CONSERVATION - August - October, 2007**

V. Dhanvanth Raj, Std. VI	-	II Prize
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## **ASSET EXAM**

Renit Kanivu, Std. III was awarded a certificate for "Creditable Performance".

## **MY TRIP TO GOA**

On the 30th of January, we left for the International Karate Tournament in Goa. I was very much excited as this was my first trip to such a tournament. I was looking much forward to get first prize in the tournament. I had 110% confidence that I would secure at the least second place and so did my karate master, I was feeling a little sentimental as the train moved. Later, I settled down and we had a gala time in the train.

The next day I got up at 2.30 a.m and we reached Ernakulam at 3.30 a.m. We had to stay in the railway station till 1 p.m. We tried to sleep on our luggage in the platform but the noise of people bustling past us and people selling things prevented us from doing so. Luckily, my friend had brought a game of chess and we played chess.

We reached Goa the next day around 4a.m. When we reached the hotel, it was 7.30 a.m. and we had to rush to the stadium immediately as the camp started at 8.30 a.m. We had a hectic 2-day camp in Goa. Many foreigners had come from various countries like Japan, China, Uzbekistan, Iran, Iraq, Malaysia, Singapore etc.

On the 3rd of February the tournament started. I was a little bit tensed. I cleared the first 3 rounds of quarter-finals. After that my confidence level improved and I later cleared 2 levels of semi-finals. In the finals I first competed with an Iranian boy but I lost. Then I had to compete with an Indian. But unfortunately, I lost to him also and so I secured 4th place in the tournament.

Nearly all men can stand adversity, but if you want to test a man's character, give him power. - Abraham Lincoln.



I was disappointed, but my karate Master told me that getting 4th place in an International Tournament was a great achievement. I dedicate this achievement to my Karate Master. I also thank my parents, the Chairman, Shri. M.S. Iyengar, Our Principal, Teachers and my friends who encouraged me to achieve this level of success. Above all, I thank the almighty for blessing me.

**SANJAY KRISHNA,**  
VI Std. - VSP.

### UNCLE BANYAN'S UMBRELLA

The old banyan tree at the corner of your street may look spooky at times, with its large roots and a great trunk, but it is the shelter provider of many birds. The roots emerging from the tree reach the soil and thus provide a firm base. Due to this the crown of the banyan tree is bigger than all the other trees and is a home to many sparrows, crows, etc.

One Banyan tree in the city of Pune, India has 320 pillars. It has a circumference of 2,000 feet and can actually shelter some 20,000 people at one time .

**V. RAMYA,** Std. V - VSP.

### REPUBLIC DAY

I will tell you about the Republic day celebration at Ponmeni. Our Chairman, Mr. M.S. Iyengar hoisted the National flag. Then children dressed as the Presidents of India and they talked about themselves. Then we had the skit about Gandhiji, when he was a little boy and also what happened in South Africa. Children sang songs, played instruments and then they danced. At the end we sang the National Anthem.

I enjoyed the function. I learnt a lot of things.

**S.K. SHANMUGAM** Std. II, - VSP.

### ALPHABET QUIZ

- |   |   |           |
|---|---|-----------|
| 1. A letter that can fly                  | - | B (bee)   |
| 2. A letter that we can drink             | - | T (tea)   |
| 3. A letter that wears spectacles         | - | I (eyes)  |
| 4. A letter that is full of water         | - | C (sea)   |
| 5. A letter that stands in a line         | - | Q (queue) |
| 6. A letter with options                  | - | R (or)    |
| 7. A letter with an exclamation           | - | O (oh !)  |
| 8. A letter with a positive answer        | - | S (yes)   |
| 9. A letter with a question mark          | - | Y (why)   |
| 10. A letter that denotes both you and me | - | V (we)    |

**RAMYA,** V Std. - V.S.P

Hope is a waking dream. - Aristotle



## RECIPE FOR PEACE

Peace is a situation or a period of time in which there is no war or violence in a country. If peace should prevail in anyplace, people should live in harmony. Training to live in peace should begin from infancy. So it is obvious that schools play a vital part in inculcating peace in young hearts. With this precept in mind VSP, Jeevana had a very enlightening programme on peace on 21st September, 2007.

The campus was full of colourful kites made by the children with messages on peace written on them. White Balloons in clusters added to the meaningfulness of the show. The messages by the kids of L.K.G stole the show. It made us feel that innocent minds are at peace always. The show ended with a skit on peace depicting that even nature should be at peace for abundance to prevail.

Thus, we are happy to have instilled the ideas of peace into each and every child, who, we are sure, will carry it in their hearts forever.

**Dr. GIRIAJA G.R. PRIYADERSINI, - VSP.**

## PERFORM TO LEARN

The 2008, New Year and Pongal Celebration was a remarkable one at VSP, Jeevana. It was more of an educational celebration. The motto behind this was to create an awareness of how spring festival is celebrated in China and in India.

We had two children one dressed as a typical Chinese and the other in our South India costume to compere the show. The programme was novel and very informative for both the teachers and the children. The children enacted the legends behind the three- day celebration of Pongal and the legend behind the Chinese New year.

The whole school was decorated with red lanterns made by the children. The Chinese believe that red lanterns drive away evil.

Each class was given an activity to make paper dragons, which the Chinese believe brings prosperity, and they were displayed beautifully by the respective classes. The teachers had a treat for the students with the dragon dance.

The class teachers had made Red envelopes for each child (which is called 'lai sai' in Chinese) filled with wishes and sweets. It is a customary Chinese practice for the elders to offer 'lai sai' to children and the young blessing them with good luck and wealth.

To ensure that the concept of this dual celebration was understood by the children, we had a questionnaire prepared based on the programme, which the children enjoyed answering.

Obviously, the programme conveyed the message of "Unity in diversity" in a very innovative and entertaining manner.

**MS. SUBHA, VSP.**

Education is what survives when what has been learned has been forgotten. - B.F. Skinner



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## PARENTSPEAK

### THE MIDAS TOUCH



The annual day programmes showcase the talent and the skills mastered by the children during the academic year. This year the annual day reflected the genesis and evolution of the human civilization. In the welcome address, the significance of the souvenir, Phoenix was highlighted. In this backdrop, the events began to unfold. Prizes were distributed to the winners of the Talent Time held during the year.

The first programme was the show by the Kinder-Garten. Children colourfully dressed as the Sun, trees, flowers etc decked up the stage. They enacted the Biblical scene of Noah's Ark. The audience was then transported to ancient Egypt by the Pharaoh dance with the boys appropriately dressed in golden costumes.

The skit "Midas Touch" was a very well rehearsed performance with each character delivering the lines to perfection. The scenes cascaded in an orderly way with the narrators guiding the audience through the skit.

The sanctity of friendship was brought out by the story in Ramayan where Lord Ram is helped by Hanuman and Sugreev. The "Dasaavataaram" also emphasized the evolution of the form God takes to protect the Earth. The 10 incarnations were aptly introduced and children suitably dressed occupied the stage.

The reciting ability of the students was also brought to the fore. The scintillating performances came to end with the girls attired in golden dresses performing a dance to the tune of Egyptian beats.

Weightage that students must give not only to the medium of instruction but also to the regional and national language was subtly emphasized. Credit also to the students who compered the entire show.

The efforts of the teachers in honing the abilities of the children fructified with these performances. Congratulations to the creative team and all those who helped in staging this wonderful display of talent and courage.

**K. Alarmelu Mangai**

M/o S.K. Shanmukham, Std. II

The true teacher defends his pupils against his own personal influence. - Amos Bronson Alcott.



### THREE CHEERS TO THE V.S.P. JEEVANITES

The Annual Day Celebration was a fantabulous performance. They gave a mindblowing performance right to the end. It was nice to see the kids clad in colourful and apt costumes. The props and backdrops need a special mention. The enactment of the "Dasaavathaaram" was very novel and informative. The Egyptian dance and the King Midas skit were not lagging behind either. Jeevana's punctuality needs appreciation. Hats off to the staff and students who have put in so much effort to make the evening enjoyable which I wish could have lasted longer.

**Dr. S. Kavitha,**  
M/o. S. Aksharan, Std. V

### PONMENI JUNIOR SECTION - CHESS COMPETITION

S. No.	Date	Category	Conducted by	Prize
1.	19.8.2007	U-8	CHANAKYA CHESS ACADEMY	III
2.	2.9.2007	U-8	CHAMPION CHESS CENTRE	II
3.	16.9.2007	U-8	THENKASHI CHESS CENTRE	I
4.	23.9.2007	U-8	CHANAKYA CHESS ACADEMY	IV
5.	25.11.2007	U-9	CHANAKYA CHESS ACADEMY	III
6.	2.12.2007	U-8	KALVITHANTHAI A.K.R. CHESS ACADEMY	III
7.	6.1.2008	U-11	MEENAKSHI CHESS CENTRE	I
8.	Thirukkural Competition conducted by Thirukkural Mandram S.R. Vijaya Kumar, I'D' S.P.. Muthukumar, II'A'			
9.	Lalithkala Academey 2nd National Level Arts Competition, 2007. P.A. Matheswaran, U.K.G. - 3rd Prize A. Swetha, U.K.G.'C' - 3rd Prize			
10.	H. Janani of I Std. got I Prize in Colouring conducted by Scholastic Limited. She got a consolation Prize in Max New York Life Insurance Painting Competition.			
11.	R.S.S. Gowtham of I Std. got I Prize in HNYL Painting Competition.			
12.	Koushika of II Std. S. Suryanarayanan of II Std. Irene Shaji of Std. II and Abinaysri of I Std got Consolation Prize in HNYL Painting Competition.			
13.	M. Agilan of II Std got I Prize in HNYL Painting Competition.			

Treat the other man's faith gently, it is all he has to believe. - Athenaeums.



## COMPETITION DETAILS CONTINUED

Name	Date	Other Details
1. Priyadharshini, 5'C'	26.1.08	Thirukkural Competition
2. Akshaya, 5'B'	14.10.07	Yoga in Sowrashtra Boys' School,
13.1.08 & 20.1.08	IV Prize in Chess Prasenna Venkateswara School	
3. Krithigalakshmi, 5'B'	15.8.07	II Prize in Chess
Prasenna Venkateswara School		
4. R. Nithish, 4'C'	June, '07	I Prize in Fancy Dress Competition
C.E.O.A School		
5. Swathy. S, 3'C'	28.2.08	Vijay Anandh Chess Academy, Trichy
		II Prize in Speech
6. M. Nitish, 3'D'	January '08	
Tanishq Jewellery		
7. R. Nannie Garisha		
& 8. S. Amrithesh, 3'A'	25.10.07	II Prize in Fancy Dress
Youth Festival, Vikaasa School		
9. R. Swaminathan, 3'A'		
Secured Centum in both the levels of UCMAS		
10. R. Swaminathan, 3'A'		
Participated in 2nd District Level Karate & Yoga Tournament - Received 3rd Place in Kata which belongs to Karate Category.		
R. Swaminathan 3'A'		
I Class in Third Term - UCMAS		
I Class in Fourth Term - UCMAS		
R. Swaminathan 3'A'		
"A" grade for the completion of JDGA Course (Junior Diploma in Graphics and Animation)		
M. Praneesha, 5'A'	25.8.07	III Place in 50 metres free style in Madurai District Aquatic Association. Age group Swimming Championship.
V. Aparna, III		was awarded for Distinguished performance in the ASSET Examination.

### POWER GRID CORPORATION OF INDIA LIMITED

## PAINTING COMPETITION ON ENERGY CONSERVATION

### KAMATCHI @ AKSHAYA - I PRIZE

Selected as the Best Entry at School Level.

Forgiveness is the fragrance that the violet sheds on the that has crushed it. - Mark Twain.



## PAINT - BOX

PRIZE WINNERS AT THE PAINTING COMPETITION CONDUCTED AT PONMENI JUNIOR SECTION

**Hail Mickyland**



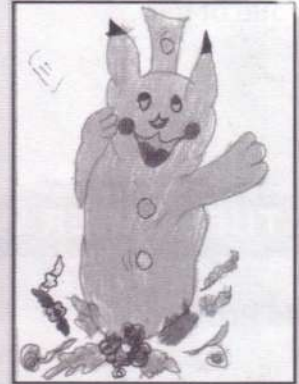
I - A. SERENA, 3'A'

**The Art of Living**



II - D. SUBITSHA LYNCEY, 3'C'

**Life is fun**



III - V. VISHNU 3'B'

**You and I .....**



I - AJAY SRI RAM IV'B'

**In this beautiful world**



II - R. PREETHI, 4'B'

**On Mother Earth**



III - M. NAVEEN PRASANNA 4'B'

**The Bard**



I - S. PRAVIN, 5'D'

**My name is .....**



II - R. HITESH, 5'C'

**A Sparkling Smile**



III - R. RAGA NIYANTHRI, 5'A'

Mediocrity knows nothing higher than itself, but talent instantly recognizes genius. - Sir Arthur Conan Doyle



## MY FATHER

My father is an Army officer. He lives in Kashmir. He protects our country. When he is on leave he plays with me and teaches me new things. He encourages me to read books.

On my last birthday he got me books and art materials. I miss him very much. I am proud of him.

**K. VARSHA RAVINDRANATH**  
II'A'

## THE LEADER WHO INSPIRES THE MOST, Dr. A.P.J. ABDUL KALAM

### His Profile:

He was born on 15th October, 1931, in Rameswaram in Tamil Nadu. He is a renowned person across the world. He was known as the "missile man" of India.

### His Honours:

Dr. Kalam has received awards from as many as thirty universities. India has awarded him with the Nation's highest civilian award. He won the Padma Bhushan in 1981; the Padma Vibhushan in 1990; the Bharat Ratna in 1997. He was elected as the President of India. He is the only Indian President who was awarded the Bharat Rathna award.

### His personal life:

He was born in a middle class family. His father was a muslim. He started his career as a newspaper vendor. He led a strict disciplined life.

### His vision of India:

Kalam has expressed his views about India in a book "India 2020". He has given action plans to develop India into a future super power and into a developed nation. He regards his work on India's Nuclear weapons program as the way to make India as future super power.

### His caring for the students' community:

When he was the President, he took care of the students. He has visited many schools, colleges and other educational institutions and he had addressed the teaching and student community. He was so kind to the people, especially children. He gave guidance to the children. He took a lot of interest in the youth of India.

### How he inspires me!

He inspires me by leading a strict simple disciplined life. He is a kind man. He took interest in his job. He wrote books such as 'India 2020', 'A vision for the new millennium' and 'My dream India'. So, I like him very much. I would feel proud, if I get a chance to meet him in person.

**V. SUBALAKSHMI V'C'**

Talent is what you possess, genius is what possesses you. - Malcolm Cowley.



## THEY HAVE A MESSAGE

**Toothpick:** To remind you to pick out the good qualities in others.

**Rubber band:** To remind you to be flexible, things might not always go the way you want but it will work out.

**Band Aid:** To remind you to heal hurt feelings, yours or someone else's

**Pencil:** To remind you to list your blessings everyday.

**Eraser:** To remind you that everyone makes mistakes but can correct them.

**Chewing gum:** To remind you to stick with a purpose and that you can accomplish anything.

**S. JANANI**

IV'B'

(Courtesy: "Wisdom")

## CHRISTMAS CELEBRATION



## PONGAL CELEBRATION



## NEW YEAR CELEBRATION



All human wisdom is summed up in two words - Wait and Hope. - Alexander Dumas.



## PONMENI SENIOR SECTION

Madurai District Yoga Association conducted, District Yoga Competition

Date : 14.10. 2007 (Sunday)

Venue: Sourashtra Boys Hr. Sec. School, Kamarajar Salai, Madurai – 9.

1.	V. Aravindh Raj, 6'A'	Twisting	First Prize
2.	M. Senthil Kumar, 6'A'	Backward Bending	First Prize
3.	S. Krishnamoorthy, 8'A'	Balancing	First Prize
4.	S. Vidhya, 7'B'	Common	First Prize
5.	S. Vidhya, 7'B'	Backward Bending	First Prize
6.	S. Vidhya, 7'B'	Forward Bending	First Prize
7.	S. Vidhya, 7'B'	Balancing	Third Prize
8.	S. Vidhya, 7'B'	Twisting	Third Prize
9.	G. Vignesh Sairam, 6'B'	Backward Bending	Third Prize
10.	K. Akilan, 8'A'	Balancing	Third Prize
11.	S. Ramya, 9'A'	Backward Bending	Third Prize

### CHAMPIONSHIP AWARDED TO S. VIDHYA, 7'B'

#### PARTICIPATION CERTIFICATE

1.	S. Ramya, 9'A'	Forward Bending, Backward Bending Balancing, Common, Twisting
2.	V. Palaniappan, 6'C'	Backward Bending
3.	E. Kamatchi Senthil, 6'C'	Common
4.	MS. Muthuvel Raj, 6'B'	Backward Bending
5.	V. Aravindh Raj, 6'A'	Backward Bending
6.	S. Selvakumareshwaran, 7'A'	Common

### VIKAASA YOUTH FESTIVAL - RESULTS 25th & 26th October, 2007

1.	G. Vignesh,, 8'C'	Sudoku	First Prize
2.	J. Zubaida,, 9'D'	Bouquet Making	Second Prize
3.	S. Sahana Priyanka,, 10'D'	Paper Collage	Second Prize
4.	M. Monisha, 9'C'	Skit	Second Prize
5.	S.P. Lara Janis, 9'B'	Skit	Second Prize
6.	I. Rini Joyce, 9'C'	Skit	Second Prize
7.	M. Bhargav, 9'D'	Skit	Second Prize
8.	V. Pavithra, 9'B'	Skit	Second Prize
9.	R. Vigneshwari, 9'D'	Skit	Second Prize
10.	S. Vasudha, 11'A'	Wall Painting	Second Prize
11.	M.E. Abbinaya, 11A'	Wall Painting	Second Prize
12.	Lakshmi Preethi Kamak, 11'A	Wall Painting	Second Prize
13.	A.R. Shamim, 11'A'	Wall Painting	Second Prize

If you have knowledge, let others light their candles with it. - Sir. Winston Churchill.



14. Vigneshwari	Wall Painting	Second Prize
15. S. Aditya Sai, 11'B'	Mime	Second Prize
16. S. Gurusamy, 11'B'	Mime	Second Prize
17. P. Vinoth Babu, 11'B'	Mime	Second Prize
18. R. Shashank, 11'B'	Mime	Second Prize
19. C. Chella Ganapathy, 11'B'	Mime	Second Prize
20. B. Prince, 11'B'	Mime	Second Prize
21. P. Somasundari, 8'C'	English Creative Writing	Third Prize
22. M. Abishekapriyan, 8'A'	Soap Carving	Third Prize
23. M. Sahana, 10'C'	English Extempore	Third Prize
24. B. B. Syndia, 9'D'	Tamil Extempore	Third Prize
25. B. Priyadarshini, 12'C'	English Creative Writing	Third Prize
26. Meenakshi Velumani, 11	Western Music	Third Prize
27. S. Abhishek, 11'B'	Western Music	Third Prize
28. P. Preethi, 11'B'	Western Music	Third Prize
29. David Leonard, 9'B'	Western Music	Third Prize
30. Stephen Victor, 6'A'	Western Music	Third Prize
31. A. Dinesh Kumar, 9'C'	Western Music	Third Prize
32. T. Mukhil Warner, 9'A'	Western Music	Third Prize
33. S. Abhinaya, 9'B'	Western Music	Third Prize

**R, Meenakshi of VIII'C' was awarded for Distinguished performance in the Asset Exam.**

## MY MEMORIES IN THE 64 SQUARES

Hello readers,

I am giving a summary of the two tournaments I played in Chennai (October, 2007) and New Delhi (December, 2007).

The Eleven-Round Tournament which was held in Chennai was National Sub-Junior Championship. I was aiming to become the "National Champion" there. Till round 8, it was a smooth journey for me with no hiccups and I secured a solid score of 6.5 points in 8 rounds. The final three rounds were very interesting as it was the selection tournament to decide the top 5 players of our Nation, who will play as a team for the World Youth Chess Olympiad to be held at Anatolia, Turkey in August, 2008. I am really proud to say I finished 5th in the National Sub-Junior Chess Championship. The top 5 players have more responsibilities as the Indian team is the reigning Champion of the World Youth Olympiad, 2007 and now we have to win this year also to retain the Gold Medal in the World level.

A few days back, I read an e-mail from the All India Chess Federation which gave me the happy message... The top 5 of the Chennai tournament are also eligible to play in Spain in three major international Opens from June 24th to July 23rd, 2008 to gain exposure at International levels. The Government of India will entirely sponsor my flight tickets, boarding and lodging in Spain and Turkey. It is really a reward for my hard work. In December, 2007, I played in the Commonwealth Chess Championship held at New Delhi where players from the Commonwealth countries participated. I was very eager to to perform well in this tournament

If a man empties his purse into his head, no man can take it away from him. An investment in knowledge always pays the best interest. - Benjamin Franklin



because it was the last tournament in my schedule in the year 2007.

It was a 10-round event where I played very happily, accurately, carefully, tactically and technically, enjoying the 64 squares. My final score of 6.5 in 10 rounds gave me bright chances of winning the Gold medal for our country in the under-14 Boys section.

This medal was a very memorable one for me because I ended 2007 with a good result. This performance increased my confidence level. Including this medal, I have 6 international medals in my kitty, of which 4 are gold, 1 is silver and 1 is bronze.

I will always remember the warm hands extended by my dear brother K. Prasanna, my parents, my school, my teachers and my friends in my budding career of chess and also in studies.

**K. Priyadarshan, 9 'C'**

### **NATURE**

Nature has a tiny little sapling  
Which was always walking,  
It had many berries in it  
Which made it cherished.  
It grew tall and tall  
And was very small.  
It was a marvel of nature.  
When the summer approached  
The sapling died.

Greenery looks good  
But it depends upon man's mood.  
Nature is man's best friend  
Deforestation has become man's trend.  
Nature can satisfy man's need  
But not man's greed.

**N. SUBBIAH,  
VIII 'A'**

### **FUNNY DEFINITIONS**

- 1) College : Rest house for the restless
- 2) Meal time : When youngsters sit down to continue eating
- 3) Nurse: A person who wakes you up to give you a sleeping pill.
- 4) Patience : The ability to put up with people you would like to put down.
- 5) Politician: A man who sacrifices your life for his country.

Compiled by,  
**S. KAUSHIK, VIII-'A'**

Believe that life is worth living and your belief will help create the fact. - William James.



FREINDS +



= FRIENDSHIP

Friendship does not sink in water  
 To say what Friendship is in three lines I can say!  
 Friendship is like crystal, preserve it.  
 Friendship is like perfume, spread it.  
 Friendship is like an umbrella, share it.

Friendship is not a collection of Hearts  
 But it is a selection of hearts.  
 True friendship comes when silence  
 between two people is comfortable.

A. GOWTHAM, VIII'C'

### FUNNY DEFINITIONS

- Conference : The confusion of one man multiplied by the number present.
- Criminal : A guy no different from the rest .... Except that he got caught.
- Tears : The hydraulic force by which masculine will power is defeated by feminine waterpower.... Etc.,  
 A sign to make others believe that you know more than you actually do.
- Lecture : An art of transferring information from the notes of the lecturer to the notes of the students without passing through the minds of either.

Compiled by  
**S. KAUSHIK, VIII-'A'**

### ODE TO JEEVANA

Twenty-five years ago,  
 Jeevana was new..  
 The founders who were a few,  
 Shared a wish, a hope, and a vision.  
 They hatched a mission,  
 to educate the young to hone minds.  
 Thus the school begun.  
 Here are the four pillars,  
 Himalayas, Nilgris, Shevroys, Vindhya  
 Each has its own pride and history  
 But the students find it a mystery  
 The long corridors, vast grounds and

Failure is the opportunity to begin again, more intelligently. - Henry Ford.



Massive library is Jeevana's speciality.  
 The huge pool increases our vitality  
 Dedication and sincerity are found in the teachers of Jeevana  
 They guide us without a cane,  
 Do not drive us insane.  
 We, seekers of knowledge, should  
 Make Jeevana proud  
 As it has made us proud.

**S. HARSHITA,**  
 X'C'

### **EASY Vs DIFFICULT**

Easy is to get a place in someone's address book;  
 Difficult is to get a place in someone's heart.  
 Easy is to judge the mistake of others;  
 Difficult is to recognize our own mistakes.  
 Easy is talk without thinking;  
 Difficult is to refrain the tongue.  
 Easy is to hurt someone who loves us;  
 Difficult is to heal the wound.  
 Easy is to forgive others;  
 Difficult is to ask for forgiveness.  
 Easy is to set rules;  
 Difficult is to follow them.  
 Easy is to dream every night;  
 Difficult is to fight for a dream.  
 Easy is to show victory;  
 Difficult is to assume defeat with dignity  
 Easy is to admire a full moon;  
 Difficult is to see the other side.  
 Easy is to enjoy life everyday;  
 Difficult is to give it real value.  
 Easy is to pray every night;  
 Difficult is to find good in small things.  
 Easy is to say we love;  
 Difficult is to show it everyday.  
 Easy is to criticize others;  
 Difficult is to improve oneself.

**M.SAHANA, X 'C'**

### **A REMINDER**

Remember,  
 The times when we were ourselves,  
 How glad were our games,  
 How joyful were our fights,  
 Days of our childhood.

Remember,  
 How quickly we trusted,  
 How madly we loved,  
 The age of wrong decisions,  
 The times when we lost our  
 Childhood.

Remember,  
 How quickly we parted,  
 Long years were seconds,  
 We lost ourselves in the path of life...

Remember,  
 To look back,  
 before.....  
 life bids adieu to you

Remember,  
 Life is a dream,  
 But,  
 it hurts,  
 when we pinch ourselves.....

Remember,  
 The first time,  
 For the last time.....  
 Cos,  
 We lost our life!!!

**S. SHYAMALA, X'B'**

Always bear in mind that your own resolution to succeed is more important than any one thing. - Abraham Lincoln.



## குழந்தைகள் தினவிழா!

பூக்களுக்குத் திருவிழா!  
 உதகை; கோடையில் உண்டு!  
 சாரலுக்குத் திருவிழா  
 குற்றாலத்தில் சிறப்புறும்!  
 மழைக்குத் திருவிழா  
 மன்னனுக்கு திருவிழா!  
 தெய்வத் திருவிழா; தலைவர் திருவிழா!  
 அறுவடைத் திருவிழா  
 அனைத்திற்கும் திருவிழா!  
 குழந்தைகளின் திருவிழா  
 பாரதப் பிரதமரின் பிறந்தநாள்!  
 தியாகச் சுடராய் ஒளி வீசி  
 தன்னலம் கருதாத தலைவன் நேரு!  
 எத்தனையோ தலைவர்களுக்கு  
 எடுத்துக்காட்டாய் விளங்கிய  
 தன்னிகரற்ற தலைவன் நேரு!

**Miss. S. Savithri**

Tamil Teacher, Jeevana

## CLIP BOARD

Please note that the Academic year 2008-2009 will have the following school timings :

**PREP SECTION (Ponmeni and VSP)**

**8.50 a.m. to 12.30 noon**

**I Std. and above (Ponmeni and VSP)**

**8.50 a.m. to 3.20 p.m.**

- Management  
 18th March, 2008

Whenever you fall, pick up something.



## குழந்தைகள் கொஞ்சம் அழகு

முல்லைச் சிரிப்பு; கொள்ளை அழகு!

கொஞ்சம் மழலை; வெள்ளை உள்ளம்;  
கடவுள் தந்த காமராக் கண்கள்;  
நட்சத்திரங்கள் மின்னுவதெல்லாம்

மழலைகளைக் காண்பதற்கே!  
புரிந்து கொள்வதில் கற்புரபுத்தி;  
புதுமைகள் படைக்க ஆர்வம்;

மன்னித்து மறப்பதில்  
நிகரற்ற இறைவன்;  
மழலைகளைப் படைத்து

மக்களுக்கு மன்னிக்கக் கற்றுத்தந்தான்;  
குழந்தைகளின் சாம்ராஜ்யத்தில்  
குழப்பம் இல்லை; கவலை இல்லை;

இனிப்புகளை விரும்பி இன்முகம்காட்டி  
இனிமைப்பண்பை கற்பிக்கும் இளஞ்சிறார்கள்;  
கடவுள் பலமுறை குழந்தையாய் மாறி  
இராமன் என்றும் கண்ணன் என்றும்  
பிள்ளை விளையாட்டு விளையாடி

பெரிதும் மகிழ்ந்திருந்த வரலாறு உண்டு!  
குழந்தைகள் தினவிழா நம்மை

பள்ளி நாட்களுக்கு அழைத்துச்செல்லும்;  
மலர்களில் மன்னன் ரோஜா!

நேருவின் சட்டைப்பையில் ரோஜா!

விழாக்களுக்கு ரோஜா!

விடைபெறவும் ரோஜா!  
விருந்துகளுக்கும் ரோஜா!

விருது பெற்ற படமும் ரோஜா!  
குழந்தைகள் விரும்பும் மலர் என்பதால்  
கூடவே அணிந்திருப்பார் ரோஜா!  
அவரது பிறந்த தினமே

குழந்தைகளின் தினவிழா ஆகும்;  
சாதனைகள் பல படைத்து  
சரித்திரத்தில் இடம்பெற்ற  
அனைத்துப் பெரியவர்களும்  
குழந்தைகளாய் இருந்தவர்கள்தாம்;

குழந்தைகள் தினநாளில்  
கூடியுள்ள நீங்களெல்லாம்  
வெற்றிகள் பல பெற்று  
விந்தைமிகு செயல்கள் செய்து  
எல்லா துறைகளிலும்  
எண்ணற்ற சிறப்பு பெற  
வாழ்த்துகின்றேன் பல்லாண்டு  
சாதனைகள் பல செய்வீர்.

**Miss. S. Savithri**

Tamil Teacher, Jeevana



## BEYOND THE HORIZON

Among the new arrivals in the library, there's this amazing book written by Cynthia Ulrich Tobias, called, "Every child can succeed". This book contains - and I'm only a few chapters through-absolutely amazing insights into children's mindset.

While as adults we do, to a large extent, know how a child's mind works, and its many permutations, yet when we see it in black and white in a cut-and-dried form with very precise solutions and ways of approach, it's worth its weight in gold. I cannot summarise the contents of the book as I have not yet reached even the half-way mark but I can surely recommend this book to everyone who's dealing with children.

The author has broken down the mindset into four different combinations.

### **The Four Combinations and their traits :**

#### **Concrete Sequential (CS) :**

Hard working, conventional, accurate, stable, dependable, consistent, factual, organized.

#### **Abstract Sequential (AS) :**

Analytic, objective, knowledgeable, thorough, structured, logical, deliberate, systematic.

#### **Abstract Random (AR) :**

Sensitive, compassionate, perceptive, imaginative, idealistic, sentimental, spontaneous, flexible.

#### **Concrete Random (CR) :**

Quick, intuitive, curious, realistic, creative, innovative, instinctive, adventurous.

No one knows what he can do, till he tries.



**For Dominant Concrete Sequentials :****What They Need :**

Organisation, predictability, Scheduled routine, Literal communication, contingency plans (What if?), a beginning, a middle, and an end, step-by-step instructions, tangible rewards.

**For Dominant Abstract Sequentials:****What They Need :**

Lot's of time to work through a project. Resource materials, logical, step-by-step instruction; credible sources of information; opportunities for analysis and appreciation for their ideas and advice.

**For Dominant Abstract Randoms :****What They Need :**

A personal reason for doing almost anything, frequent praise and reassurance of worth, acceptance and appreciation of personal feelings and "illogical" options.

An opportunity to work with someone else

A feeling of harmony with virtually everyone.

An opportunity to use creativity and imagination.

**For Dominant Concrete Randoms :****What They Need :**

Inspiration, Compelling reasons, Independence, Freedom to choose, Opportunities to provide alternatives, Guidelines instead of rules.

This is a very impromptu suggestion and as there's paucity of time, I am not able to do even a modicum of justice to this fabulous book which has all the conceivable situations and its possible solutions. It'll help you to understand and empathize with your child's needs. May be I can implement it with my hostellers!

**K.S. LAKSHMI**

Editor

A Hammer shatters glass but forges steel.