

Chairman's Copy



# JEEVANA NEWS LETTER

**25**  
YEARS  
(1984-2009)

2015-2016

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## FROM THE DIRECTOR'S DESK

It gives me immense pleasure to inform you all that Jeevana has successfully completed another year and is all set to commence its new session with renewed enthusiasm and commitment to impart quality education to its students. The Principal, along with her able team, has worked relentlessly and untiringly over the past year to ensure that students continue to transform to become good citizens. Though the main focus is academic excellence, a number of programs like Mindspark, Extramarks, ASSET and the like are in place to harness the talents of children. We are also encouraging the children to explore their skills in debating, sports and music. We are continuously attempting to sculpt our students to succeed in every challenge they are faced with.

This summer, the school is organizing camps in Tennis, Yoga and Table Tennis. I am sure the students who have opted for this will find this enjoyable and refreshing.

It is my humble opinion that one of the greatest gifts that parents can give their children is 'quality time'. In the last year, we were faced with a few problems related to discipline. The easiest way that some parents and teachers fathom to deal with this is to scream, shout and possibly use physical methods. As you are all aware, this is not the philosophy of the school and in the long run never yields good results. The Principal, Heads and teachers have spent many hours counseling children and we are happy to see that there has been significant improvement. However, the students also spend significant time at home and it is also the duty of the parents to spend time and counsel their children. In the US, there is a terminology called 'tough love'. Always letting our children do what they want would be easy and we probably feel that they would love us more! Sometimes, we need to stand firm and counsel them. I also would like parents not to burden the children with their own ambitions and dreams. As parents, we need to understand that our children may have their own vision for their future and guide them to their destination. Please join hands with us to provide our children with the knowledge and skills that will give them an identity of their own.

Michael Korda, an English-born writer and novelist who was Editor-in-Chief of Simon & Schuster in New York City, quotes 'One way of keeping the momentum going is to constantly have greater goals' and that is what we have always been striving at our school.

Wishing you all the best in the coming year,

DR. RAMESH SUNDARAM

## INVESTITURE CEREMONY - INVESTING IN THE FUTURE

The future of any society depends on the labour of the young and the wisdom of the old. Though all of our students are special, all cannot become Prefects or Head boy or Head girl. Our polling policy takes into consideration not only the academic credentials of a student but also his or her levels of discipline and empathy. The polling allows all the faculty members of Senior section to mark each student in various criteria. Having totalled the points and having deliberated over the final choices, 22 Prefects, a Vice Head Boy, a Vice Head Girl, a Head Boy and a Head Girl are chosen. These students comprise the student body that is responsible for various tasks around the campus, ranging from maintenance of discipline to hosting the intra-school competition.

The d-day arrived on 26th of June 2015, when the event was to be held under the patronage of our Chairman and the Correspondent in absentia, while the Advisor, the Principal, the Administrator and Counsellor, the CE, the Heads, the HODs and the Coordinators graced the dais. The special Chief Guest of the day was Mr Sriram Janak, a renowned wildlife photographer and engineering graduate who took the road less travelled to traverse hardy terrains through the length and breadth of the country and capture the sublime beauty of the wild. The audience for this event comprised students of classes 8 and above. The ceremony started with a prayer, followed by a brief speech by the Administrator and Counsellor introducing the Chief Guest. The Chief Guest spoke briefly on his vocation. After this, it was time for the investiture ceremony to proceed, with the Principal administering the pledge of loyalty to the student body and pinning the respective badges on their lapels. The event concluded with the distribution of cash prizes to the students of classes 10 and 12 of the previous academic year, who had brought laurels to the institution by securing centums and achieving other landmarks. It was a moment of great pride and joy when the State second rank scorer, Parvathy, came on to the stage to accept the cash prize and spoke a few words sharing what had motivated her to secure the milestone. Thus, the event ended on a high note leaving the dignitaries on stage and the audience feeling optimistic about the ensuing academic year.

MS. K. S. LAKSHMI

## SPORTS DAY REPORT - SENIOR SECTION

Rudyard Kipling might have called Triumph and Disaster as imposters, but the Jeevanites clearly set much store for winning. They ran themselves ragged. They slipped, stumbled and some even fell. All in the quest for reaching the tape first. It was an absolute storm on 1st September, 2015!

The 4 houses stood in readiness for the March past in uncharacteristic silence. Perhaps they were nervous? Even as a smattering of parents trickled in, the parade began.





There was no evidence to suggest that the students had had only three days of practice. To say that they marched smartly would be an understatement. Then the oath was taken. Our Advisor, Mr. Ananthan declared the Sports Meet open (and later brought it to a close).

On came the junior most of the senior section(Class 5) for their 'drills'. They seemed to have imbibed well the school motto of doing regular stretches. Classes 6,7 and 8 followed suit. The concept was the same but the methods were different. The kids performed their exercises with a lot of verve. The zest with which they dished out their calisthenics was infectious and the audience broke into spontaneous applause.

Learning is a continuous process to which there is no culmination. The students of Jeevana learn Yoga and Karate from a very young age. The more enthusiastic among this multitude had signed up for a special demonstration on this memorable day. The 'Bruce Lees' of the school with their Khatas and action packed demos gave the audience goose pimples, whereas the young yogis seemed to have borrowed a leaf or two straight out of Patanjali's Yogasutra!

In the end, as is always the case, it was the running events that captivated the imagination of all and sundry. Whether it was Class 5 or Class 12, be it the girls events or the boys, the kids simply ran away with the honours. Yes, only a few got the medals and many had to go home empty handed. But they could all hold their heads high because they had given off their best and had competed well.

The prize distribution may have been lengthy, but the students didn't mind. They applauded all along and till their palms burned. In true Jeevana tradition there were no lengthy, boring speeches from Chief Guests! It was a day when action spoke louder than words.

**MR. DASARATHY**

### **SPORTS DAY – III & IV**

Our Field Days were the most awaited by the students of Std III & IV. Sports Day is an important event in the calendar of every school. Sports themselves have a vital role in making a child physically and mentally sound. Children were ready to prove their sportsmanship.

Games and Sports teach discipline to students. They also develop the spirit of sportsmanship and students derive a lot of pleasure by playing games. It also inculcates the quality of team spirit in them. Students learn the qualities of leadership and unity. Generally games are played in every school. In our school we have a very big playground where students play games regularly.

Preparations for the celebration of the Sports Day were made much in advance. There was a big gathering on that day in our school. The students who excelled in games were given prizes by the Chief Guest. The Parents were also invited to attend the programme. This year our Annual Sports Day was celebrated on the 17th July, 2015. The Chief





Executive, Mr. Sunder Rajaram, had kindly agreed to preside over the function. The Sports Day started with a memorable and colourful ceremony. First of all the Chief Guest unfurled the flag and declared the sports meet open. After this there was a drill by the students in their beautiful smart dresses. Aerobics was awesome with rhythmic music blended with marvellous moves. The photographer captured the wonderful moments. There were many track events –Running Race, Skipping, Lemon N Spoon, Hoop race and Ball-throw. These were very interesting and well-organized. The spectators continuously cheered the participants. Our Sports days are designed to be fun, exciting, challenging and rewarding.

**MS. NALINI SRIDHAR**

### **SPORTS DAY - STANDARD I AND II**

Sports Day is the most important event in the academic calendar of a school. Jeevana has a sprawling playground and our children stretch, jump and play about in this wide area. We believe in the adage "sound mind in a sound body". So we have stretches and games on all working days. Sports Day of a school is the culmination of all the physical activities that take place in the academic year. Our Sports Day was on 24th July, 2015 and the day was bright with favourable weather conditions.

Our Chief Executive, Mr. Sunder Rajaram hoisted the National Flag and school flag and declared open the events. The children performed the Mass drill wonderfully. They were looking colourful in their sports attire. The team events followed next. There was Bon Voyage, Obstacle Race, On the Beach, Good Habits, Cricketing Jeevanites, Zigzag Race, Know your World, Relay Race and Balancing game etc.

Sports Day is not about running and winning cups and medals. It teaches the children learn tolerance, team spirit, patience, cooperation, love and they learn to rejoice in other's success. As teachers always rejoice in training our small ones for all such events, our Sports Day was a grand success due to the combined effort of all of us and His Almighty's blessings.

**- MS. RAMYA SHIVAKUMAR**

### **SPORTS DAY - KINDERGARTEN SECTION**

It was that time of the year again. December had come and with it all the joys of Christmas

It's a season of great joy and a time of God showing his great love for us. It is a time of healing and renewed strength. The wonderful celebration mood has been activated around the gardens of Jeevana. The day 23rd December, 2015, started with a beautiful carol and a thoughtful prayer which was followed by wonderful activities that represent Christmas.

First came the Snowman. Building a snow man is winter's greatest pleasure as there is a lot of joy and love in doing so.







Next came the candy canes which represent purity and innocence just like our small children who stride along with their cute candy walk.

Flowers have meanings associated with them and are a part of the most important occasions in our life. Our beautiful flowers of Jeevana made a pretty bouquet of flowers spreading its beauty around.

Kindergarten is all about building a practical scenario for kids to learn the various aspects of life. 'Sprint and sparkle' was one such activity where our kids were made to match pictures with the decorations of the Christmas tree.

Parties bring celebration and joy not only among adults but also among little ones. Our tiny tots were getting ready for their Yuletide party.

The wreath is one of the most popular decorations during the Christmas season hung on our front doors as a sign of welcome. Our little Jeevanites were seriously engaged in decorating wreaths to welcome their guests in this activity.

Christmas has no meaning without cakes. So our little bakers were happily involved in baking yummy cakes for the celebrations.

Christmas gifts evolve bringing the importance of sharing and developing good friendship. 'Foster friendship' is one such activity that enhanced the significance of sharing among the young hearts.

The celebration came to a closing point with an end note implying the significance of sharing and the merriment of celebration irrespective of culture and diversity.

- MS. LOGAMBIKAI SRINIVASAN

### **INTRA - SCHOOL COMPETITION- EVENTFUL DAYS!**

Intra-school events conducted every year by class 12 kick-started in style on 22nd of June, 2015 and ended on 24th of June, 2015 . The events encompassed a veritable cornucopia of events catering to all age groups across the three sections of the Kindergarten, the Junior section and the Senior section. The events were designed keeping in mind the level of interest observed and the ability of the age group. Hence, the teeny tots of LKG had Colouring and Recitation, while the Upper KG had an additional event of Clay modelling.

Class 1 participated enthusiastically in Paper folding exercising their motor skills deftly. Familiar words reverberated across the arena in Rhymes Recitation, while little hands dabbled in colours in Drawing and colouring . Kids love to dance and those who could really shake a leg or two did so in the Dance event.

Is there anyone who doesn't like to listen to a good tale? Kids have the freshest imagination and Students of Class 2 had the opportunity to enthrall all with their story- telling skills.

Drawing and colouring, Dance and Greeting card making events were jam packed with kids. There were those who created their own masterpieces in the Drawing event ; then

